

# Employee *Benefits* Guide



Sworn Police



CITY OF OAKLAND

## SWORN POLICE

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**Click this icon in your benefits guide to watch a video explaining the associated topic. See page 40 for a glossary of terms.**

**If you (and/or your dependents) have Medicare or you will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage.**

**Please see page 32 for more details.**

The information in this brochure is a general outline of the benefits offered under the City of Oakland's benefits program. Specific details and plan limitations are provided in the Summary Plan Descriptions (SPD), which is based on the official Plan Documents that may include policies, contracts and plan procedures. The SPD and Plan Documents contain all the specific provisions of the plans. In the event that the information in this brochure differs from the Plan Documents, the Plan Documents will prevail.

# Employee Benefits Package Overview

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- CalPERS Medical
- Dental
- Flexible Spending Accounts
- Commuter Benefits
- Employee Assistance Program (EAP)
- Guaranteed Ride Home (GRH)
- Pension Benefits
- Deferred Compensation



# Contact Information

## Benefits Contacts

You may contact the below benefit carriers or visit the following websites to confirm eligibility and verify coverage:

Employee Benefits Program	Benefits Representative	Contact Information
General Benefit Questions		<a href="mailto:BenefitsAdmin@oaklandca.gov">BenefitsAdmin@oaklandca.gov</a>
Benefits Supervisor	Tami Honda	510-238-6891 <a href="mailto:thonda@oaklandca.gov">thonda@oaklandca.gov</a>
Benefits Enrollment Questions New Hire Benefit Enrollment	Adrienne Cooper	510-238-6474 <a href="mailto:Benefitsadmin@oaklandca.gov">Benefitsadmin@oaklandca.gov</a>
COBRA	Denise Carter	510-238-7446 <a href="mailto:dcarter@oaklandca.gov">dcarter@oaklandca.gov</a>
	Administrator: Navia Benefits Solutions	877-920-9675 <a href="mailto:cobra@naviabenefits.com">cobra@naviabenefits.com</a>
Deferred Compensation	Nancy Agaiby (Investment Option Inquiry Only)	202-407-1119 <a href="mailto:nagaiby@missionsq.org">nagaiby@missionsq.org</a>
	Jeanette Delgado	510-238-7445 <a href="mailto:jdelgado@oaklandca.gov">jdelgado@oaklandca.gov</a>
Medical & Dental	Adrienne Cooper	510-238-6474 <a href="mailto:Acooper2@oaklandca.gov">Acooper2@oaklandca.gov</a>
Vision	Renee Hassna	<a href="mailto:Renee@opoa.org">Renee@opoa.org</a>
Other Benefits		
<ul style="list-style-type: none"> <li>• Flexible Spending Arrangement Program</li> <li>• Health Care FSA</li> <li>• Day Care FSA</li> <li>• Commuter Benefits</li> </ul>	Adrienne Cooper	510-238-6474 <a href="mailto:Acooper2@oaklandca.gov">Acooper2@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Life Insurance</li> </ul>	Renee Hassna	<a href="mailto:Renee@opoa.org">Renee@opoa.org</a>
Guaranteed Ride Home	Tami Honda	510-238-6891 <a href="mailto:thonda@oaklandca.gov">thonda@oaklandca.gov</a>



# Contact Information (continued)

## Risk Contacts

Employee Benefits Program	Benefits Representative	Contact Information
<b>Risk Administration</b>	<b>Greg Elliott – Manager</b>	510-238-4993 <a href="mailto:gelliott@oaklandca.gov">gelliott@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Safety Shoe Program</li> <li>• Unemployment (EDD)</li> </ul>	<b>Erika Turner</b>	510-238-7660 <a href="mailto:eturner@oaklandca.gov">eturner@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Employee Assistance Program</li> <li>• Threat Assessment</li> <li>• CAL/OSHA Programs</li> </ul>	<b>Greg Elliott</b>	510-238-4993 <a href="mailto:gelliott@oaklandca.gov">gelliott@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Ergonomics</li> <li>• Safety, Health &amp; Wellness</li> <li>• VDT Glasses</li> </ul>	<b>Lana Chan</b>	510-238-7971 <a href="mailto:LChan2@oaklandca.gov">LChan2@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Risk – Contracts &amp; Insurance</li> </ul>	<b>Michael Bailey</b>	510-986-2898 <a href="mailto:mbailey@oaklandca.gov">mbailey@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Workers' Compensation</li> <li>• Fair Employment Housing Act (FEHA)</li> <li>• Americans with Disabilities Act (ADA)</li> </ul>	<b>Mary Baptiste</b>	510-238-2270 <a href="mailto:mbaptiste@oaklandca.gov">mbaptiste@oaklandca.gov</a>
<ul style="list-style-type: none"> <li>• Family Medical Leave Act (FMLA)</li> <li>• Pregnancy Disability and Bonding</li> </ul>	<b>Donella Williams</b>	510-238-6488 <a href="mailto:dwilliams3@oaklandca.gov">dwilliams3@oaklandca.gov</a>



# Contact Information (continued)

You may also contact the below benefit carriers or visit the following websites to confirm eligibility and verify coverage:

Employee Benefits Program	Phone Number	Web Site
<b>Medical</b>		
• CalPERS	<a href="tel:888-225-7377">888-225-7377</a>	<a href="https://my.calpers.ca.gov">https://my.calpers.ca.gov</a>
<b>Dental</b>		
• OPOA Dental	<a href="tel:510-834-9670">510-834-9670</a>	<a href="mailto:renee@opoa.org">renee@opoa.org</a>
<b>Vision</b>		
• OPOA Vision	<a href="tel:510-834-9670">510-834-9670</a>	
<b>Health Care and Day Care FSA</b>		
• Navia Health Care FSA & Day Care FSA	<a href="tel:800-669-3539">800-669-3539</a>	<a href="https://www.naviabenefits.com">https://www.naviabenefits.com</a> or <a href="mailto:customerservice@naviabenefits.com">customerservice@naviabenefits.com</a>
<b>COBRA Administration</b>		
• Navia COBRA	<a href="tel:877-920-9675">877-920-9675</a>	<a href="mailto:cobra@naviabenefits.com">cobra@naviabenefits.com</a>
<b>Commuter Benefits</b>		
• GoNavia Commuter Benefits	<a href="tel:800-669-3539">800-669-3539</a>	<a href="https://www.naviabenefits.com">https://www.naviabenefits.com</a>
• Guaranteed Ride Home Program	<a href="tel:510-433-0320">510-433-0320</a>	<a href="mailto:ridehome@alamedactc.org">ridehome@alamedactc.org</a>
<b>Life and Disability Insurance</b>		
• OPOA	<a href="tel:510-834-9670">510-834-9670</a>	
<b>Employee Assistance Program (EAP)</b>		
• Claremont EAP	<a href="tel:800-834-3773">800-834-3773</a>	<a href="http://www.claremonteap.com">www.claremonteap.com</a>
<b>Deferred Comp</b>		
• Mission Square	<a href="tel:800-669-7400">800-669-7400</a>	<a href="https://www.icmarc.org/city-of-oakland-457-plan.html">https://www.icmarc.org/city-of-oakland-457-plan.html</a>



# 2024 Payroll Processing and Holiday Calendar

## January

- 1 New Year's Day
- 15 Martin Luther King Jr. Day

JANUARY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

MARCH						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## February

- 19 President's Day

## March

- 31 Cesar Chavez Day

APRIL						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## May

- 27 Memorial Day

## June

- 19 Juneteenth National Independence Day

JULY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEPTEMBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## July

- 4 Independence Day

## September

- 2 Labor Day
- 9 Admissions Day (HVA)\*

OCTOBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## November

- 11 Veteran's Day (HVA)\*
- 28 Thanksgiving Day
- 29 Day after Thanksgiving Day

## December

- 25 Christmas Day

\*If applicable

Pay Period Ends
Pay Dates
Holidays

# 2024 Holiday Schedule

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2024 Holiday	Date		Day of the Week
	Month	Day	
New Year's Day	January	01	Monday
Dr. Martin Luther King, Jr. Day	January	15	Monday
President's Day	February	19	Monday
Cesar Chavez Day	March	31	Sunday
Memorial Day	May	27	Monday
Juneteenth National Independence Day	June	19	Wednesday
Independence Day	July	04	Tuesday
Labor Day	September	02	Monday
Admissions Day	September	09	Monday
Veterans Day	November	11	Monday
Thanksgiving Day	November	28	Thursday
Day After Thanksgiving	November	29	Friday
Christmas Day	December	25	Wednesday

The Chief or designee shall determine which positions shall be filled on each designated holiday. However, all officers assigned to Patrol shall report to work on any holiday which falls on one of their regularly assigned work days unless the officer has the day off through the holiday or vacation draw.

All qualifying OPOA employees will be paid straight time for the full length of their regularly scheduled shift for each holiday. In order to qualify for receipt of compensation for a designated holiday, the employee must be in paid status the work day before and the work day after the designated holiday. In addition to straight-time holiday pay, if the holiday is worked, the employee shall be paid for all hours worked at the overtime rate of time and one-half (1.5). If the holiday is not worked because of a regular day off, or by employer request, employee will be paid holiday pay at the straight time rate. In the event that a holiday falls on an employee's day off, the employee may take the holiday in pay or comp time at straight time, at his/her election.



# Rates: Full-Time Employees

## Monthly Medical Plan Rates for Eligible Permanent Full-Time Employees

Effective January 1, 2024

Medical Plans	REGION 1 Counties: Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Marin, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Napa, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Shasta, Sierra, Siskiyou, Solano, Sonoma, Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, and Yuba					
	Monthly Premium Cost			Monthly Employee Contribution*		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem EPO Del Norte	\$1,314.27	\$2,628.54	\$3,417.10	\$292.86	\$585.72	\$761.43
Anthem Select HMO	\$1,138.86	\$2,277.72	\$2,961.04	\$117.45	\$234.90	\$305.37
Anthem Traditional HMO	\$1,339.70	\$2,679.40	\$3,483.22	\$318.29	\$636.58	\$827.55
Blue Shield Access+ HMO	\$1,076.84	\$2,153.68	\$2,799.78	\$55.43	\$110.86	\$144.11
Blue Shield Access+ EPO	\$1,076.84	\$2,153.68	\$2,799.78	\$55.43	\$110.86	\$144.11
Blue Shield Trio	\$946.84	\$1,893.68	\$2,461.78	\$0.00	\$0.00	\$0.00
Kaiser (CA) HMO	\$1,021.41	\$2,042.82	\$2,655.67	\$0.00	\$0.00	\$0.00
PERS Gold	\$914.82	\$1,829.64	\$2,378.53	\$0.00	\$0.00	\$0.00
PERS Platinum	\$1,314.27	\$2,628.54	\$3,417.10	\$292.86	\$585.72	\$761.43
PORAC (POLICE ONLY)	\$931.00	\$2,117.00	\$2,651.00	\$0.00	\$74.18	\$0.00
United HealthCare HMO	\$1,091.13	\$2,182.26	\$2,836.94	\$69.72	\$139.44	\$181.27
United HealthCare Harmony HMO	\$937.39	\$1,874.78	\$2,437.21	\$0.00	\$0.00	\$0.00
Western Health Advantage	\$807.23	\$1,614.46	\$2,098.80	\$0.00	\$0.00	\$0.00

Medical Plans	REGION 2 Fresno, Imperial, Inyo, Kern, Kings, Madera, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare, and Ventura					
	Monthly Premium Cost			Monthly Employee Contribution*		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$807.71	\$1,615.42	\$2,100.05	\$0.00	\$0.00	\$0.00
Anthem Traditional HMO	\$1,034.38	\$2,068.76	\$2,689.39	\$12.97	\$25.94	\$33.72
Blue Shield Access+ HMO	\$869.14	\$1,738.28	\$2,259.76	\$0.00	\$0.00	\$0.00
Blue Shield Access+ EPO	\$869.14	\$1,738.28	\$2,259.76	\$0.00	\$0.00	\$0.00
Blue Shield Trio	\$810.24	\$1,620.48	\$2,106.62	\$0.00	\$0.00	\$0.00
Health Net Salud y Mas	\$684.77	\$1,369.54	\$1,780.40	\$0.00	\$0.00	\$0.00
Kaiser (CA) HMO	\$904.95	\$1,809.90	\$2,352.87	\$0.00	\$0.00	\$0.00
PERS Gold	\$799.44	\$1,598.88	\$2,078.54	\$0.00	\$0.00	\$0.00
PERS Platinum	\$1,151.50	\$2,303.00	\$2,993.90	\$130.09	\$260.18	\$338.23
PORAC (POLICE ONLY)	\$926.00	\$1,863.00	\$2,371.00	\$0.00	\$0.00	\$0.00
Sharp	\$833.24	\$1,666.48	\$2,166.42	\$0.00	\$0.00	\$0.00
United HealthCare HMO	\$837.88	\$1,675.76	\$2,178.49	\$0.00	\$0.00	\$0.00
United HealthCare Harmony HMO	\$792.65	\$1,585.30	\$2,060.89	\$0.00	\$0.00	\$0.00

\*\*\*IMPORTANT NOTE - You must verify the plan is available in your home or work zip code area.\*\*\*

The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.

# Rates: Full-Time Employees (continued)

## Monthly Medical Plan Rates for Eligible Permanent Full-Time Employees

Effective January 1, 2024

Medical Plans	REGION 3 Los Angeles, Riverside, San Bernardino					
	Monthly Premium Cost			Monthly Employee Contribution*		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$841.13	\$1,682.26	\$2,186.94	\$0.00	\$0.00	\$0.00
Anthem Traditional HMO	\$1,012.67	\$2,025.34	\$2,632.94	\$0.00	\$0.00	\$0.00
Blue Shield Access+ HMO	\$756.65	\$1,513.30	\$1,967.29	\$0.00	\$0.00	\$0.00
Blue Shield Trio	\$704.69	\$1,409.38	\$1,832.19	\$0.00	\$0.00	\$0.00
Health Net Salud y Mas	\$630.13	\$1,260.26	\$1,638.34	\$0.00	\$0.00	\$0.00
Kaiser (CA) HMO	\$865.41	\$1,730.82	\$2,250.07	\$0.00	\$0.00	\$0.00
PERS Gold	\$785.28	\$1,570.56	\$2,041.73	\$0.00	\$0.00	\$0.00
PERS Platinum	\$1,131.47	\$2,262.94	\$2,941.82	\$110.06	\$220.12	\$286.15
PORAC (POLICE ONLY)	\$926.00	\$1,863.00	\$2,371.00	\$0.00	\$0.00	\$0.00
United HealthCare HMO	\$826.44	\$1,652.88	\$2,148.74	\$0.00	\$0.00	\$0.00
United HealthCare Harmony HMO	\$734.76	\$1,469.52	\$1,910.38	\$0.00	\$0.00	\$0.00

\*\*\*IMPORTANT NOTE - You must verify the plan is available in your home or work zip code area.\*\*\*



The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.

# Rates: Full-Time Employees (continued)

## Monthly Medical Plan Rates for Eligible Permanent Full-Time Employees

Effective January 1, 2024

Medical Plans	REGION - OUT OF STATE					
	Monthly Premium Cost			Monthly Employee Contribution*		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Kaiser Out of State	\$1,312.45	\$2,624.90	\$3,412.37	\$291.04	\$582.08	\$756.70
PERS Platinum	\$1,146.86	\$2,293.72	\$2,981.84	\$125.45	\$250.90	\$326.17
PORAC (POLICE ONLY)	\$1,056.00	\$2,144.00	\$2,540.00	\$34.59	\$101.18	\$0.00

\*\*\*IMPORTANT NOTE - You must verify the plan is available in your home or work zip code area.\*\*\*



# Introduction

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As City of Oakland employees, you and your family are entitled to a number of benefits. This benefits guide contains information on all of the benefits you are entitled to as an employee of the City of Oakland.

**In order to activate your benefits, complete and submit the following:**

- CalPERS Beneficiary Designation Form
- City of Oakland Employee Benefits Record (EBR)

## Optional Benefit Forms

- Flexible Spending Plan Enrollment form
- Pre-designation of Personal Physician

You have 60 days from the date of your initial appointment to enroll or decline coverage for yourself and eligible family members. Benefits will begin on the 1st of the month after you submit your paperwork and appropriate documentation to the Human Resources Management - Recruitment, Classification, and Benefits. If you do not enroll during the initial 60 days and have not experienced a qualifying life event, your enrollment will be subject to a 90-day waiting period or the following Open Enrollment period, whichever comes first.

For participation in the deferred compensation plan, your paperwork needs to be in our office by the 15th of the month; deductions will begin with the first pay period of the following month. For example, if you submit your paperwork by January 15th, deductions will begin with the February's first pay period.

Any questions you may have regarding the enclosed information can be referred to the corresponding representative listed in your "Benefits Telephone Directory" found at the beginning of this guide.

## Benefit Choices

The City recognizes that your benefits are an important part of the reason you choose to work here. The City provides high quality benefits at a reasonable cost to you. You can choose between different medical plans to meet your individual and family needs. Since you have some choices to make, it is important to understand the various programs. That is why this Handbook is being provided for you. There are also individual brochures for each of the benefit plans available in the Human Resources department. Benefits provided by the City for eligible employees include a choice of CalPERS medical plans, dental and group life insurance. Dental and group life insurance plans for sworn police employees are administered by OPOA. Optional benefits include a vision plan and voluntary life insurance coverage, administered by OPOA.



# Eligibility

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## Employees

Employees may opt out of coverage with proof of other group coverage.

## Dependents

When enrolling dependents, appropriate documentation and/or proof of dependent status is required by the City and will be requested by Human Resources.

Accepted forms of proof include Marriage and Birth Certificates, Tax Returns, Local City Government or State Issued Declaration of Domestic Partnership, Adoption Certificate or Proof of Legal Guardianship.

For purposes of medical plan coverage, the following dependents are eligible:

- A spouse who is not currently enrolled as an employee in a Public Employees Retirement System (PERS)-administered medical plan
- A registered domestic partner
- Certified disabled child age 26 or older
- Child (up to age 26) for whom you have a parent-child relationship (restrictions apply)



# Enrollment

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## Open Enrollment

Once a year, usually during the fall, the City of Oakland holds an Open Enrollment period. During this time, you may change to a different medical plan, enroll in the dental plan and the vision plan. You may also add or delete dependents to your medical, dental or vision plan.

Supporting documentation will be required by Human Resources to add or delete new dependents.

## Enrollment Instructions

When you are hired, you will receive this Employee Benefits Guide describing your different benefits. Additional brochures are available at the City of Oakland. Your coverage will start on the first of the month following the date your enrollment paperwork is received.

Here are some basic guidelines you need to keep in mind when going over these choices:

1. Review the section of this Guide on medical plans to determine which medical plan suits your health and financial needs.
2. Review additional voluntary benefits offered by the City to determine whether they meet your needs.

The following forms must be provided in order to commence your benefits (please attach required copies of documents for dependents):

- Employee Benefits Record (EBR) form
- CalPERS Beneficiary Designation form

Online enrollment is required for Parking and Transit Programs, and the Guaranteed Ride Home.

Please submit your forms and required documents to the Benefits Unit, [benefitsadmin@oaklandca.gov](mailto:benefitsadmin@oaklandca.gov), 150 Frank Ogawa Plaza, 2nd Floor front counter or you can fax your forms to 510.238.6560.

All benefits information can be found on the City of Oakland's Benefits web page: [www.oaklandca.gov/benefits](http://www.oaklandca.gov/benefits) or at 150 Frank H. Ogawa Plaza, 2nd Floor (Human Resources Front Counter) Oakland, CA 94612.

## Change in Beneficiaries

Certain events in your life such as marriage, divorce, or a death in the family can affect who you name as your designated beneficiary for certain benefits. You may change your beneficiary(ies) at any time. If you wish to do so, you can obtain most beneficiary forms from Human Resources.

**You can designate a beneficiary for:**

- Deferred Compensation
- Life Insurance
- Retirement - CalPERS

# Changes in Coverage

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## Qualifying Events

You may experience certain events during the plan year that would allow you to change you or your dependent's medical coverage. If any of the following events occur, you must change your benefit coverage within 60 days of the event:

- Change in your legal marital or domestic partner status, including marriage, death of your spouse/domestic partner, divorce, legal separation or annulment.
- Change in the number of your dependents, including birth, adoption, placement for adoption or death of your dependent.
- Change in your employment status, including termination or commencement of employment of you, your spouse, your domestic partner or your dependent.
- Change in work schedule for you or your spouse/domestic partner, including an increase or decrease in the number of hours of employment, a switch between full-time and part-time status, a strike, lockout or commencement or return from an unpaid leave of absence.
- Your dependent satisfies or no longer meets the eligibility requirements for dependents.
- A change in the place of residence or worksite of you or your spouse/domestic partner (this move must affect your coverage options).
- You, your spouse/domestic partner or your dependents lose COBRA coverage.
- You, your spouse/domestic partner or your dependents enroll for Medicare or Medicaid or lose coverage under Medicare or Medicaid.
- A significant change in benefit or cost of coverage for you or your spouse/domestic partner.
- Your spouse/domestic partner employer provides the opportunity to enroll or change benefits during an open enrollment period.

## Special Enrollment Rights as Provided by HIPAA

- You initially declined coverage under the plan because you had coverage under another plan and subsequently incurred a loss of coverage under the other plan.
- Occurrence of certain events such as birth, adoption, placement for adoption or marriage.



[CLICK HERE](#) to watch a video on **Qualifying Life Events**

# 2024 Summary of Benefits and Coverage Notice

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Choosing your health plan is an important decision. To assist you with this process, each health plan available through the California Public Employees' Retirement System has produced a Summary of Benefits and Coverage (SBC). In addition, the federal government has compiled a glossary of common health insurance terms. Together, these documents provide important information to help you better understand your health benefit coverage and more easily compare health plan options.

To view the SBCs and glossary online, visit [www.calpers.ca.gov](http://www.calpers.ca.gov) and select **View Health Plan Rates** to access the **Plans & Rates** page, or visit any of the health plan websites below. To request a free paper copy of the SBC and glossary, contact each health plan directly.

**Anthem Blue Cross HMO & EPO**

[855-839-4524](tel:855-839-4524)

[www.anthem.com/ca/calpers](http://www.anthem.com/ca/calpers)

**Blue Shield of California**

[800-334-5847](tel:800-334-5847)

[www.blueshieldca.com/calpers](http://www.blueshieldca.com/calpers)

**California Association of Highway Patrolmen<sup>1</sup>**

[800-734-2247](tel:800-734-2247)

[www.thecahp.org](http://www.thecahp.org)

**California Correctional Peace Officers Association<sup>1</sup>**

[800-257-6213](tel:800-257-6213)

[www.ccpoabtf.org](http://www.ccpoabtf.org)

**Health Net of California**

[888-926-4921](tel:888-926-4921)

[www.healthnet.com/calpers](http://www.healthnet.com/calpers)

**Kaiser Permanente**

[800-464-4000](tel:800-464-4000)

[www.kp.org/calpers](http://www.kp.org/calpers)

**Peace Officers Research Association of California<sup>1</sup>**

[800-288-6928](tel:800-288-6928)

<http://ibt.porac.org>

**PERS Gold and PERS Platinum**

[877-737-7776](tel:877-737-7776)

[www.anthem.com/ca/calpers](http://www.anthem.com/ca/calpers)

**Sharp Health Plan**

[855-995-5004](tel:855-995-5004)

[www.sharphealthplan.com/calpers](http://www.sharphealthplan.com/calpers)

**UnitedHealthcare**

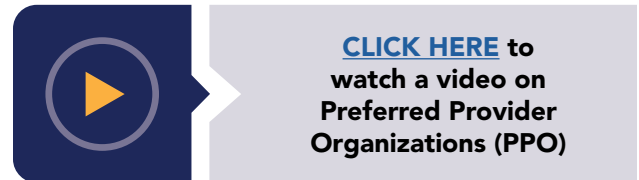
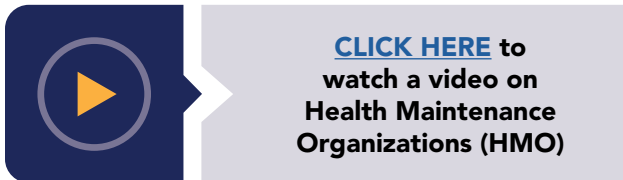
[877-359-3714](tel:877-359-3714)

[www.uhc.com/calpers](http://www.uhc.com/calpers)

**Western Health Advantage**

[888-942-7377](tel:888-942-7377)

[www.westernhealth.com/calpers](http://www.westernhealth.com/calpers)



<sup>1</sup> To enroll in these health plans, you must belong to the specific employee association and pay applicable dues.



# Medical – CalPERS

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The City of Oakland offers several different medical plan options; Health Maintenance Organizations (HMO) or Preferred Provider Organizations (PPO) for all full-time and permanent part-time employees and their eligible dependents.

## Health Maintenance Organizations (HMOs)

HMOs allow you to receive comprehensive coverage at set prices, called copays.

- **Doctors/Other Medical Care Providers.** You can only use doctors, hospitals, and pharmacies that participate in the HMO network. Doctors who participate in the HMO network are called in-network providers. There is no coverage if you go to out-of-network providers, except for emergency services.
- **Annual Deductible.** You don't need to pay an annual deductible before the plan begins to pay for a portion of covered medical services.
- **Copays.** When you receive medical care, you pay a set dollar amount called a copay.
- **Annual Out-of-Pocket Maximum.** The HMO plans include an annual out-of-pocket maximum. This is the maximum amount you must pay out of your own pocket for copays during the plan year. Once you reach the out-of-pocket maximum, the plan pays 100% of covered charges for the remainder of the plan year.

## Preferred Provider Organization (PPO)

The PPO plan allows you to use any provider you choose.

- **Doctors/Health Care Providers.** You can choose any doctor you want, and you can go to any hospital or pharmacy. However, you'll pay less when you use a provider or facility that participates in-network.
- **Preventive Care.** Preventive care is 100% covered when you use in-network providers. Visit [healthcare.gov/preventive-care-benefits/](https://www.healthcare.gov/preventive-care-benefits/) for a complete list of preventive care benefits required to be covered at 100% per the Affordable Care Act.
- **Annual Deductible.** You generally pay an annual deductible before the plan begins to pay for a portion of covered medical services.
- **Paying for Care. When you receive medical care, there are two ways you pay for services:**
  - **Copays.** When you go to an in-network doctor for an office visit, go to the emergency room, or pick up a prescription, you pay a set dollar amount called a copay. (You may need to pay the annual deductible first before the copay applies.)
  - **Coinsurance.** When you receive any other medical services, you pay a percentage of the cost of the service and the plan pays the remaining percentage. This is called coinsurance. (You will need to pay the annual deductible first before coinsurance applies.)
- **Annual Out-of-Pocket Maximum.** The PPO includes an out-of-pocket maximum. This is the maximum amount you must pay out of your own pocket (under the applicable coinsurance percentage) after meeting the deductible. Once you reach the out-of-pocket maximum, the plan pays 100% of in-network charges for the remainder of the plan year. Please note that your out-of-pocket maximum will be lower when you use in-network providers.



# 2024 CalPERS – EPO & HMO Basic Plans

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	Anthem Blue Cross	Blue Shield	Health Net	Kaiser Permanente	Sharp Performance Plus	UnitedHealthcare SignatureValue	Western Health Advantage HMO
	EPO Select HMO Traditional HMO	Access+ HMO & Access+ EPO Trio HMO				Alliance HMO Harmony HMO	
<b>Calendar Year Deductible</b>							
• Individual	N/A	N/A	N/A	N/A	N/A	N/A	N/A
• Family	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>Maximum Calendar Year Copay or Coinsurance (excluding pharmacy)</b>							
• Individual	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)
• Family	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)
<b>Hospital</b>							
• Deductible (per admission)	N/A	N/A	N/A	N/A	N/A	N/A	N/A
• Inpatient	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
<b>Surgical Services</b>							
• Outpatient Facility Charge	No Charge	No Charge	No Charge	\$15	No Charge	No Charge	No Charge
<b>Emergency Services</b>							
• Emergency Room Copay	\$50	\$50	\$50	\$50	\$50	\$50	\$50
• Waived if Admitted	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Physician Services</b>							
• Office Visits (copay for each service provided)	\$15	\$15	\$15	\$15	\$15	\$15	\$15
• Inpatient Visits	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
• Outpatient Visits	\$15	\$15	\$15	\$15	\$15	\$15	\$15
• Urgent Care Services	\$15	\$15	\$15	\$15	\$15	\$15	\$15
• Preventive Services	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
• Surgery/Anesthesia	\$15	\$15	\$15	\$15	\$15	\$15	\$15

The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.

# 2024 CalPERS – EPO & HMO Basic Plans (continued)

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	Anthem Blue Cross	Blue Shield	Health Net	Kaiser Permanente	Sharp Performance Plus	UnitedHealthcare SignatureValue	Western Health Advantage HMO
	EPO Select HMO Traditional HMO	Access+ HMO & Access+ EPO Trio HMO				Alliance HMO Harmony HMO	
<b>Diagnostic X-Ray/Lab</b>	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
<b>Prescription Drugs</b>							
• Deductible	N/A	N/A	N/A	N/A	N/A	N/A	N/A
• Prescription Drug Annual Out of Pocket Max – Individual	\$7,950 (in addition to Medical OOP limit)	\$7,950 (in addition to Medical OOP limit)	\$7,950 (in addition to Medical OOP limit)	\$7,950 (in addition to Medical OOP limit)	\$7,950 (in addition to Medical OOP limit)	\$7,950 (in addition to Medical OOP limit)	\$7,950 (in addition to Medical OOP limit)
• Prescription Drug Annual Out of Pocket Max – Family	\$15,900 (in addition to Medical OOP limit)	\$15,900 (in addition to Medical OOP limit)	\$15,900 (in addition to Medical OOP limit)	\$15,900 (in addition to Medical OOP limit)	\$15,900 (in addition to Medical OOP limit)	\$15,900 (in addition to Medical OOP limit)	\$15,900 (in addition to Medical OOP limit)
• Retail Pharmacy (30-day supply)	Tier 1: \$5 Tier 2: \$20 Tier 3: \$50	Generic/Tier 1: \$5 Brand Preferred/Tier 2: \$20 Non-Preferred/Tier 3: \$50 Tier 4: \$30	Tier 1: \$5 Tier 2: \$20 Tier 3: \$50	Generic: \$5 Brand: \$20	Tier 1: \$5 Tier 2: \$20 Tier 3: \$50	Tier 1: \$5 Tier 2: \$20 Tier 3: \$50	Tier 1: \$5 Tier 2: \$20 Tier 3: \$50
• Retail Preferred Pharmacy Maintenance Medications (90-day supply)	N/A	Generic/Tier 1: \$10 Brand Preferred/Tier 2: \$40 Non-Preferred/Tier 3: \$100 Tier 4: \$60	N/A	N/A	N/A	N/A	N/A
• Mail Order Pharmacy Program (not to exceed 90-day supply for maintenance drugs)	Tier 1: \$10 Tier 2: \$40 Tier 3: \$100	Generic/Tier 1: \$10 Brand Preferred/Tier 2: \$40 Non-Preferred/Tier 3: \$100 Tier 4: \$60	Tier 1: \$10 Tier 2: \$40 Tier 3: \$100	Generic: \$10 Brand: \$40 (31-100 day supply)	Tier 1: \$10 Tier 2: \$40 Tier 3: \$100	Tier 1: \$10 Tier 2: \$40 Tier 3: \$100	Tier 1: \$10 Tier 2: \$40 Tier 3: \$100
• Mail order maximum copayment per person per calendar year	\$1,000	\$1,000	\$1,000	N/A	\$1,000	\$1,000	\$1,000

1 Tier Formulary is for BSC Trio HMO only. Tier 1 refers to medications classified as ‘Generic’; Tier 2 refers to medications classified as “Preferred Brand”; and Tier 3 refers to medications classified as “Non-Preferred Brand”.

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# 2024 CalPERS – EPO & HMO Basic Plans (continued)

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	Anthem Blue Cross	Blue Shield	Health Net	Kaiser Permanente	Sharp Performance Plus	UnitedHealthcare SignatureValue	Western Health Advantage HMO
	EPO Select HMO Traditional HMO	Access+ HMO & Access+ EPO Trio HMO				Alliance HMO Harmony HMO	
<b>Durable Medical Equipment</b>							
	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
<b>Infertility Testing/Treatment</b>							
	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges
<b>Occupational /Physical /Speech Therapy</b>							
• Inpatient (hospital or skilled nursing facility)	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
• Outpatient (office and home visits)	\$15	\$15	\$15	\$15	\$15	\$15	\$15
<b>Diabetes Services</b>							
• Glucose monitors	Coverage varies	No Charge	Coverage varies	No Charge	Coverage varies	Coverage varies	Coverage varies
• Self-management training	\$15	\$15	\$15	\$15	\$15	\$15	\$15
<b>Acupuncture</b>							
	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)
<b>Chiropractic</b>							
	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)

The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.

# 2024 CalPERS – PPO Basic Plans

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
<b>Calendar Year Deductible</b>						
• Individual	\$1,000 <sup>1,3</sup>	\$2,500 <sup>3</sup>	\$500 <sup>3</sup>	\$2,000 <sup>3</sup>	\$300	\$600
• Family	\$2,000 <sup>2,3</sup>	\$5,000 <sup>3</sup>	\$1,000 <sup>3</sup>	\$4,000 <sup>3</sup>	\$900	\$1,800
<b>Maximum Calendar Year Copay or Coinsurance (excluding pharmacy)</b>						
• Individual	\$3,000 (coinsurance)	Unlimited	\$2,000 (coinsurance)	Unlimited	\$2,000	\$2,000
• Family	\$6,000 (coinsurance)	Unlimited	\$4,000 (coinsurance)	Unlimited	\$4,000	\$4,000
<b>Hospital</b>						
• Deductible (per admission)	N/A	N/A	\$250	\$250	N/A	N/A
• Inpatient	20% <sup>2</sup>	40% <sup>4</sup>	10%	40% <sup>4</sup>	20%	20% <sup>4</sup>
• Outpatient Facility/ Surgery Services	20%	40% <sup>4</sup>	10%	40% <sup>4</sup>	20%	20% <sup>4</sup>
<b>Emergency Services</b>						
• Emergency Room Deductible (copay waived if admitted as an inpatient or for observation as an outpatient)	\$50 (applies to hospital emergency room facility charge only)		\$50 (applies to hospital emergency room facility charge only)		N/A	
• Emergency	20% (applies to other services such as physician, x-ray, lab, etc.)		10% (applies to other services such as physician, x-ray, lab, etc.)		20%	
• Non-Emergency	20%	40%	10%	40%	50%	
	(payment for physician charges only; emergency room facility charge is not covered)		(payment for physician charges only; emergency room facility charge is not covered)		(for non-emergency services provided by hospital emergency room)	

1 **Incentives available to reduce individual deductible (max. \$500) or family deductible (max. \$1,000) include:** getting a biometric screening (\$100 credit); receiving a flu shot (\$100 credit); getting a non-smoking certification (\$100 credit); getting a virtual second opinion (\$100 credit); and getting a condition care certification (\$100 credit).

2 Coinsurance waived for deliveries if enrolled in Future Moms Program.

3 Deductible is transferable between PERS Gold and PERS Platinum.

4 Of the allowable amount as defined in the EOC.

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# 2024 CalPERS – PPO Basic Plans (continued)

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
<b>Physician Services</b>						
• Office Visits (copay for each service provided)	\$35 <sup>1</sup>	40% <sup>3</sup>	\$20 <sup>2</sup>	40% <sup>3</sup>	\$10/\$35 <sup>2</sup>	20% <sup>3</sup>
• Inpatient Visits	20%	40% <sup>3</sup>	10%	40% <sup>3</sup>	20%	20% <sup>3</sup>
• Outpatient Visits	\$35	40% <sup>3</sup>	\$20	40% <sup>3</sup>	20%	20% <sup>3</sup>
• Urgent Care Visits	\$35	40% <sup>3</sup>	\$35	40% <sup>3</sup>	\$35	20% <sup>3</sup>
• Preventive Services	No Charge	40% <sup>3</sup>	No Charge	40% <sup>3</sup>	No Charge	
• Surgery/Anesthesia	20%	40% <sup>3</sup>	10%	40% <sup>3</sup>	20%	20% <sup>3</sup>
<b>Diagnostic X-Ray/Lab</b>						
	20% <sup>4</sup>	40% <sup>3</sup>	10% <sup>4</sup>	40% <sup>3</sup>	20%	20% <sup>3</sup>

1 Reduced to \$10 when seen by primary physician

2 \$35 for specialist visit

3 Of the allowable amount as defined in the EOC

4 For lab services only – no charge when using Quest Diagnostic or Labcorp.

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# 2024 CalPERS – PPO Basic Plans (continued)

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
<b>Prescription Drugs</b>						
• Deductible	N/A		N/A		N/A	
• Prescription Drug Annual Out of Pocket Max – Individual	\$2,000		\$2,000		\$2,000	
• Prescription Drug Annual Out of Pocket Max – Family	\$4,000		\$4,000		\$4,000	
• Retail Pharmacy (30-day supply)	Tier 1: \$5 Tier 2: \$20 Tier 3: \$50		Tier 1: \$5 Tier 2: \$20 Tier 3: \$50		Generic: \$10 Brand Preferred: \$25 Non-Preferred: \$45 Compound: \$45	
• Retail Preferred Pharmacy Maintenance Medications (90-day supply)	N/A		N/A		N/A	
• Mail Order Pharmacy Program (not to exceed 90-day supply for maintenance drugs)	Tier 1: \$10 Tier 2: \$40 Tier 3: \$100		Tier 1: \$10 Tier 2: \$40 Tier 3: \$100		Generic: \$20 Brand Preferred: \$40 Non-Preferred: \$75	N/A
• Mail Order Maximum Copayment Per Person Per Calendar Year	\$1,000		\$1,000		N/A	
<b>Durable Medical Equipment</b>						
	20%	40% <sup>1</sup>	10%	40% <sup>1</sup>	20%	20% <sup>1</sup>
	(pre-certification required for specific equipment)		(pre-certification required for the purchase of equipment priced at \$1,000 or more)			
<b>Infertility Testing/Treatment</b>						
	50%		50%		50%	50% <sup>2</sup>

<sup>1</sup> Of the allowable amount as defined in the EOC

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# 2024 CalPERS – PPO Basic Plans (continued)

For more details about the benefits provided by a specific plan, refer to that plan’s Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
<b>Occupational / Physical / Speech Therapy</b>						
• Inpatient (hospital or skilled nursing facility)	No Charge		No Charge		20% (no copay for inpatient PT/OT by a PAR provider)	20% <sup>2</sup>
• Outpatient (office and home visits)	20%	40% (Occupational therapy 20%)	10%	40% (Occupational therapy 10%)	\$15 /Office Visit (all other services 20%) <sup>3</sup>	20% <sup>2</sup>
	(pre-certification required for more than 24 visits)		(Pre-certification required for more than 24 visits)			
<b>Diabetes Services</b>						
• Glucose monitors	Coverage Varies		Coverage Varies		Coverage Varies	
• Self-management training	\$20 <sup>1</sup>	40% <sup>2</sup>	\$20 <sup>1</sup>	40% <sup>2</sup>	\$20	60% <sup>2</sup>
<b>Acupuncture</b>						
	\$15/Visit	40% <sup>2</sup>	\$15/Visit	40% <sup>2</sup>	\$15 / Office Visit (all other services 20%) <sup>3</sup>	20% <sup>2</sup>
	(acupuncture/chiropractic; combined 20 visits per calendar year)		(acupuncture/chiropractic; combined 20 visits per calendar year)			
<b>Chiropractic</b>						
• Office Visit	\$15/Visit	40% <sup>2</sup>	\$15/Visit	40% <sup>2</sup>	\$15 / Office Visit (all other services 20%) <sup>3</sup>	20% <sup>2</sup>
	(acupuncture/chiropractic; combined 20 visits per calendar year)		(acupuncture/chiropractic; combined 20 visits per calendar year)			

<sup>1</sup> \$35 for specialist visit

<sup>2</sup> Of the allowable amount as defined in the EOC

<sup>3</sup> Combined 20 visits per calendar year. (Occupational/Physical/Chiropractor) Combined 20 visits per calendar year

The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.



# Other Core Benefits

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## Dental

Dental benefits are administered by Delta Dental through OPOA. Please contact Renee Hassna at [510-834-9670](tel:510-834-9670) or at [renee@opoa.org](mailto:renee@opoa.org) for more information.

## Vision

Vision benefits are administered through OPOA. Please contact Renee Hassna at [510-834-9670](tel:510-834-9670) or [renee@opoa.org](mailto:renee@opoa.org) for more information.

## Group Life and AD&D/Voluntary Life/Disability

Please contact OPOA for more information on your Life/AD&D and Disability benefits.

## Employee Assistance Program (EAP)

Please contact OPOA for more information on your EAP benefit.



# Other Benefits

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## Flexible Spending Accounts (FSA)

The City offers a tax-free benefit plan that provides you with ways to save up to thousands of dollars per year by offering the option to pay for certain types of expenses with pre-tax payroll deductions. If you choose to participate, you will reduce your taxable income.

### What is the maximum I can elect?

For 2024, the maximum contribution amount is \$3200.

### How do I use the Medical FSA?

The Medical Expense FSA allows you to set aside tax-free dollars that will reimburse you for qualifying medical, dental and vision expenses incurred during the plan year. Incurred means the service must be performed during the plan year. Qualified expenses include most medically necessary out-of-pocket medical, dental, and vision related expenses. Insurance premiums of any kind including, Medicare, individual health insurance, long-term care, warranties, or membership fees that are not directly related to care are not eligible for reimbursement through the Medical FSA.

### Can I be reimbursed through FSA for medical expenses incurred by my family members?

Yes! You may save taxes on all qualified medical expenses incurred by you, your spouse, and your dependent children. You may NOT be reimbursed for expenses incurred by a domestic partner unless your domestic partner is your federal tax dependent.

Your plan allows reimbursement for qualified expenses that you incur for an eligible adult child up to the age 26.

### How do I access my benefits?

Accessing your benefits couldn't be easier, just swipe your Navia Benefit Card to pay for eligible health care expenses. Funds come directly out of your Health FSA and are paid to the provider. Some swipes require us to verify the expense, so hang on to your receipts. If we need to see it, we will send you an email or notification via our smartphone app.

You can also submit Health Care FSA and Day Care FSA claims online, through our smartphone app for Android and iPhone, email, fax or mail. Claims are processed within a few days and reimbursements are issued according to your employer's reimbursement schedule. Be sure to include documentation that clearly shows the date, type and cost of the service.

### Submitting claims is easier than ever using FlexConnect

The FlexConnect feature connects your FSA to your insurance plans and seamlessly creates a claim with proper documentation direct from your insurance carrier. All you have to do is click "reimburse me" and the claim is expedited for payment. Sign up for FlexConnect today.

### Get more with the MyNavia mobile app

The MyNavia app is free to download on both iPhone and Android. You can manage your benefits and view important details right from the convenience of your phone.

The medical FSA account is pre-funded, meaning your entire annual election amount is available for reimbursement at any time during the plan year, regardless of the amount you have contributed from your paycheck.

### Election and Claim Filing Period

Open Enrollment period is a great time to look at your benefits and estimate your out-of-pocket expenses. Be sure to only elect an amount that you know you will use during your plan year. At the end of the plan year you will have a claim filing period to turn in any leftover claims for your benefits. Money left in the plan after the end of the claim filing period and 2 ½ month Grace Period is subject to the Use-or-Lose rule and cannot be refunded to you.

### Grace Period

Your plan also has a special 2 ½ month Grace Period after the end of the plan year. This feature gives you an additional 2 ½ months to incur expenses against your Health Care and Day Care arrangements. All expenses incurred during the grace period will automatically deduct out of the prior year's arrangement, and any remaining balance will then be applied to the current plan year.



[CLICK HERE](#) to watch a video on Flexible Spending Accounts (FSA)

# Other Benefits (continued)

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## Navia Benefits Card

Rather than filing a claim and waiting for reimbursement, you can use the debit card to pay your provider directly for qualified health care expenses. The card is accepted at participating merchants using the Inventory Information Approval System (IIAS) and at medical care merchants using the Master-Card® system. Be sure to hang on to your receipts in case we need to see them to verify the expense eligibility. If we need to see a receipt, you will notice an alert on your mobile app and we will send you an email reminder.

### Accessing Your Benefits

Navia wants to make accessing your benefits as simple and efficient as possible.

- **Online Account Access:** Order additional debit cards, update bank and address information and see up to date details of your benefits.
- **Online Claims Submission:** Upload your documentation, complete the online wizard, and voila! A reimbursement will be on its way within a few days.
- **Mobile App:** MyNavia allows you to simply snap a photo and submit for reimbursement direct from your mobile device.
- **Flexconnect:** Sync your various medical, dental and vision benefits with your FSA plan for a quick and easy reimbursement. No need to submit documentation, we'll get it from the insurance carrier.

### How do I enroll in the FSA plan?

You will make your Flexible Spending Account election during Open Enrollment each year. You can obtain copies of enrollment information and instructions from the City.

#### The following is a sample of permitted expenses:

- Acupuncture
- Allergy treatments
- Chiropractic
- Contact lenses & supplies
- Dental (non-cosmetic)
- Doctor office visits & exams
- Glasses (prescription)
- Hearing aids
- Insulin & insulin supplies

- Insurance copays and deductibles
- Laboratory fees
- Therapy
- Psychiatric care
- Prescriptions (medically necessary)

## Transit/Parking Commuter Benefits Program

Commuting to work each day can be expensive. The commuter benefit program offered by the City of Oakland through Navia will help you save money on your commuting costs. The GoNavia Program allows you to pay for work related transportation costs with pre-tax dollars.

This is a month to month benefit; employees may opt in and out or change commuter benefit election amounts from month to month, based on their transit and parking needs.

### What is the maximum monthly pre-tax benefit permitted allowed?

- The maximum amount that the City of Oakland will deduct from your pay each month is equal to the maximum tax-free limit authorized by the IRS for that year.
- For 2024 the pre-tax parking limit is \$315 per month.
- For 2024, the pre-tax transit and van pooling limit is \$315 per month.

The City of Oakland is committed to preserving the environment and wants to encourage employees to contribute to these efforts by taking public transportation whenever practical. Together we can save money and the environment at the same time!

For information about how to enroll in the Commuter Benefit online, please visit the HR department for an online instruction guide.

## Dependent Care Assistance Program

This option enables you to decrease your tax liability while setting aside funds to pay for child or elder care expenses. After expenses are incurred, you can submit receipts for reimbursement from a flexible spending account. The maximum annual contribution is \$5,000 for a family or \$2,500 each for you and your spouse.

# Other Benefits (continued)

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## Deferred Compensation

Full-time and permanent employees can elect to participate in the voluntary retirement plan, a 457(b), this reduces the employee's taxable income while providing savings for retirement. An employee can contribute as little as \$10 per pay period up to the maximum IRS allowable limit per plan year. The City does not contribute or match the employee's contribution.

Our 457 plan also allows you to add Roth assets now for tax-free income later. Is the Roth right for you? It's a trade-off. You don't get an up-front tax benefit for Roth contributions like you do with pre-tax contributions. And converting pre-tax assets to Roth requires that you pay up-front taxes. But in exchange, Roth assets can provide tax-free income in retirement.

## Retirement

In lieu of Social Security, the City of Oakland pays into the California Public Employees' Retirement System (PERS). All sworn OPOA members must make retirement contributions through bi-weekly payroll deductions.

The current retirement formulas for represented OPOA members are:

- **Tier One: Safety 3% at 50 Retirement Plan** – Unit Members hired prior to July 1, 2011.
  - **3% at 50 Retirement Formula**
  - **Employee Contribution.** Each unit member shall pay a contribution of nine percent (9%).
  - **Final Compensation Based on 12 Month Period.** Final compensation will be based on the highest twelve (12) consecutive month period of compensation earnable.
- **Tier Two: Safety 3% @ 55 Retirement Plan** - Unit Members hired on or after July 1, 2011 but before January 1, 2013 and Classic Unit Members as determined by CalPERS. This also applies to unit members hired on or after January 1, 2013 who are qualified for pension reciprocity as stated in Government Code Section 7522.02 (c) and related CalPERS reciprocity.
  - **3% @ 55 Retirement Formula**
  - **Employee Contribution.** Each unit member shall pay a contribution of nine percent (9%).
  - **Final Compensation Based on Three Year Average.** Final compensation is based on highest three (3) consecutive year period of compensation earnable, as specified in Government Code 20037.
- **Tier Three: Safety 2.7% at 57 Retirement Plan**
  - Unit Members hired on or after January 1, 2013 and who do not qualify for pension reciprocity as stated in Government Code Section 7522.02 (c).
    - **2.7% at 57 Retirement Formula**
    - **Employee Contribution.** Each unit member shall pay fifty percent (50%) of normal cost.
    - **Final Compensation Based on Three Year Average.** Final compensation is based on the highest average annual pensionable compensation earned during the thirty-six (36) consecutive months of service.
- **Employee Contribution to Employer Share.** Effective January 1, 2013, all represented members shall pay the full, normal retirement contribution of nine percent (9%). Effective January 1, 2016, Tier One and Tier Two members shall pay two percent (2%) of the employer's share of the CalPERS pension cost on a pre-tax basis pursuant to section 414(h)(2) of the Internal Revenue Code and will be attributed to the employee's CalPERS account to the extent permissible by the California Public Employee Retirement Law. An additional one percent (1%) shall be effective January 1, 2017.
- **Employees interested in learning more about their retirement may contact CalPERS directly at [888-225-7377](tel:888-225-7377) or visit the CalPERS website at [calpers.ca.gov](http://calpers.ca.gov). Alternatively, employees may also contact the City of Oakland's Retirement Office at [510-238-6479](tel:510-238-6479), weekdays from 8:30 AM to 5:00 PM.**

## Unemployment Insurance

This benefit, which is offered through the State of California's Employment Development Department (EDD), allows you to receive funds in the event you become unemployed.

# Other Benefits (continued)

## Guaranteed Ride Home (GRH)

The Alameda County Guaranteed Ride Home (GRH) Program provides a free ride home from work for employees who do not drive alone to work when unexpected circumstances arise. The GRH program is free for employees who work in Alameda County and use sustainable forms of transportation including walking, biking, taking transit or ridesharing. When a registered employee uses a sustainable mode to travel to work and experiences a personal or family emergency while at work, they can take a taxi or rental car ride home and be reimbursed for the cost of the ride.

This program allows commuters to feel comfortable taking the bus, train or ferry, carpooling, vanpooling, walking, or bicycling to work, knowing that they will have a ride home in case of an emergency.

All permanent part-time or full-time employees 18 years of age or older who work in Alameda County are eligible to participate.



## When can I take a Guaranteed ride home?

Registered employees may request reimbursement for eligible expenses if they take a trip home in a qualified emergency situation and have used an alternative mode that day.

The following circumstances are considered qualifying emergency situations in the GRH program and must occur on the date of the GRH trip:

- Participant or an immediate family member suffers an illness, injury, or severe crisis.
- Participant is asked by supervisor to work unscheduled overtime. Supervisor verification will be required as part of reimbursement request.
- Participant ridesharing vehicle breaks down or the driver has to leave early.
- Participant has a break-in, flood, or fire at residence.
- Participant's commute bicycle breaks down on the way to or from work and cannot be repaired at participant's work site.

In addition, participants must have used an alternative mode on the day they take the ride for which they will seek reimbursement through the GRH program. Eligible alternative commute modes include:

- **Public transportation including:** BART, AC Transit, ACE, Wheels, Union City Transit, ferry (WETA) and Amtrak
- Employer-provided shuttle or van service
- Carpool or Vanpool
- Bicycle
- Walk

Enrollment can be completed online at [grh.alamedactc.org](http://grh.alamedactc.org). For questions, please contact the City of Oakland at [510-238-2248](tel:510-238-2248).

# Important Notices

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## No Surprises Act Notice

Our medical plans are subject to the No Surprises Act, which limits the amount covered persons may have to pay for some out-of-network surprise medical bills. More information about surprise billing requirements included under the No Surprises Act and similar state laws can be found on the medical insurance company's website or the Plan Sponsor's website. Additional information may be found in your Explanation of Benefits for any affected claims.

## Discrimination is Against the Law

The City of Oakland complies with the applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin (including limited English proficiency and primary language), age, disability, or sex (including pregnancy, sexual orientation, gender identity, and sex characteristics). The City of Oakland does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

## Newborns' and Mothers' Health Protection Act (NMHPA)

Benefits for pregnancy hospital stay (for delivery) for a mother and her newborn may not be restricted to less than 48 hours following a vaginal delivery or 96 hours following a cesarean section. Also, any utilization review requirements for inpatient hospital admissions will not apply to this minimum length of stay. Early discharge is permitted only if the attending health care provider, in consultation with the mother, decides an earlier discharge is appropriate.

## Women's Health and Cancer Rights Act (WHCRA) Annual Notice

Your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services, including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema. For more information, you should review the Summary Plan Description or call your Plan Administrator at 510.238.7446 for more information.

## Patient Protections

The medical plan requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, the plan will designate one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, please contact your carrier.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from the plan or any other person (including a primary care provider) to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, please contact your carrier.

## Networks/Claims/Appeals

The major medical plans described in this booklet have provider networks with CalPERS. The listing of provider networks will be available to you automatically and free of charge. A list of network providers can be accessed immediately by using the Internet address found in the Summary of Benefits and Coverage that relates to the Plan. You have a right to appeal denials of claims and a right to a response within a reasonable amount of time. Claims that are not submitted within a reasonable time may be denied. Please review your Summary Plan Description or contact the Plan Administrator for more details.

## COBRA Continuation Coverage

This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under covered medical, dental, and vision plans (the "Plan"). **This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it.** When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

# Important Notices (continued)

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The right to COBRA continuation coverage was created by federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

**You may have other options available to you when you lose group health coverage.** For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally does not accept late enrollees.

## WHAT IS COBRA CONTINUATION COVERAGE?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "Qualifying Event." Specific Qualifying Events are listed later in this notice. After a Qualifying Event, COBRA continuation coverage must be offered to each person who is a "Qualified Beneficiary." You, your spouse, and your dependent children could become Qualified Beneficiaries if coverage under the Plan is lost because of the Qualifying Event. Under the Plan, Qualified Beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you are an employee, you will become a Qualified Beneficiary if you lose coverage under the Plan because of the following Qualifying Events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you are the spouse of an employee, you will become a Qualified Beneficiary if you lose your coverage under the Plan because of the following Qualifying Events:

- Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than their gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or,
- You become divorced or legally separated from your spouse.

Your dependent children will become Qualified Beneficiaries if they lose coverage under the Plan because of the following Qualifying Events:

- The parent-employee dies;
- The parent-employee's employment ends for any reason other than their gross misconduct;
- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or,
- The child stops being eligible for coverage under the Plan as a "dependent child."

## WHEN IS COBRA CONTINUATION COVERAGE AVAILABLE?

The Plan will offer COBRA continuation coverage to Qualified Beneficiaries only after the Plan Administrator has been notified of a Qualifying Event:

- The end of employment or reduction of hours of employment;
- Death of the employee; or,
- The employee becoming entitled to Medicare benefits (under Part A, Part B, or both).

**For all other Qualifying Events (e.g., divorce or legal separation of the employee and spouse, or a dependent child's losing eligibility for coverage as a dependent child, etc.), you must notify the Plan Administrator within 60 days after the Qualifying Event occurs. You must provide this notice to your employer.**

Life insurance, accidental death and dismemberment benefits, and weekly income or long-term disability benefits (if part of the employer's plan), are not eligible for continuation under COBRA.

## NOTICE AND ELECTION PROCEDURES

Each type of notice or election to be provided by a covered employee or a Qualified Beneficiary under this COBRA Continuation Coverage Section must be in writing, must be signed and dated, and must be mailed or hand-delivered to the Plan Administrator, properly addressed, or as otherwise permitted by the COBRA administrator, no later than the date specified in the election form, and properly submitted to the Plan Administrator.

# Important Notices (continued)

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Each notice must include all of the following items: the covered employee's full name, address, phone number, and Social Security Number; the full name, address, phone number, and Social Security Number of each affected dependent, as well as each dependent's relationship to the covered employee; a description of the Qualifying Event or disability determination that has occurred; the date the Qualifying Event or disability determination occurred; a copy of the Social Security Administration's written disability determination, if applicable; and the name of this Plan. The Plan Administrator may establish specific forms that must be used to provide a notice or election.

## **ELECTION AND ELECTION PERIOD**

COBRA continuation coverage may be elected during the period beginning on the date Plan coverage would otherwise terminate due to a Qualifying Event and ending on the later of the following: (1) 60 days after coverage ends due to a Qualifying Event, or (2) 60 days after the notice of the COBRA continuation coverage rights is provided to the Qualified Beneficiary.

If, during the election period, a Qualified Beneficiary waives COBRA continuation coverage rights, the waiver can be revoked at any time before the end of the election period. Revocation of the waiver will be an election of COBRA continuation coverage. However, if a waiver is revoked, coverage need not be provided retroactively (that is, from the date of the loss of coverage until the waiver is revoked). Waivers and revocations of waivers are considered to be made on the date they are sent to the employer or Plan Administrator.

## **HOW IS COBRA CONTINUATION COVERAGE PROVIDED?**

Once the Plan Administrator receives notice that a Qualifying Event has occurred, COBRA continuation coverage will be offered to each of the Qualified Beneficiaries. Each Qualified Beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation on behalf of their dependent children.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain Qualifying Events, or a second Qualifying Event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage.

## **DISABILITY EXTENSION OF THE 18-MONTH PERIOD OF COBRA CONTINUATION COVERAGE**

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. This disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage. (See Notice and Election Procedures.)

## **SECOND QUALIFYING EVENT EXTENSION OF 18-MONTH PERIOD OF COBRA CONTINUATION COVERAGE**

If your family experiences another Qualifying Event during the 18 months of COBRA continuation of coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation of coverage, for a maximum of 36 months, if the Plan is properly notified about the second Qualifying Event. This extension may be available to the spouse and any dependent children receiving COBRA continuation of coverage if the employee or former employee dies; becomes entitled to Medicare (Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second Qualifying Event would have caused the spouse or the dependent child to lose coverage under the Plan had the first Qualifying Event not occurred. (See Notice and Election Procedures.)

## **OTHER OPTIONS BESIDES COBRA CONTINUATION COVERAGE**

Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, Children's Health Insurance Program (CHIP), or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at [www.healthcare.gov](http://www.healthcare.gov).



# Important Notices (continued)

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## ENROLLMENT IN MEDICARE INSTEAD OF COBRA

In general, if you don't enroll in Medicare Part A or B when you are first eligible because you are still employed, after the Medicare initial enrollment period, you have an 8-month special enrollment period<sup>1</sup> to sign up for Medicare Part A or B, beginning on the earlier of:

- The month after your employment ends; or
- The month after group health plan coverage based on current employment ends.

If you don't enroll in Medicare and elect COBRA continuation coverage instead, you may have to pay a Part B late enrollment penalty and you may have a gap in coverage if you decide you want Part B later. If you elect COBRA continuation coverage and later enroll in Medicare Part A or B before the COBRA continuation coverage ends, the Plan may terminate your continuation coverage. However, if Medicare Part A or B is effective on or before the date of the COBRA election, COBRA coverage may not be discontinued on account of Medicare entitlement, even if you enroll in the other part of Medicare after the date of the election of COBRA coverage.

If you are enrolled in both COBRA continuation coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA continuation coverage will pay second. Certain plans may pay as if secondary to Medicare, even if you are not enrolled in Medicare.

For more information visit <https://www.medicare.gov/medicare-and-you>.

## IF YOU HAVE QUESTIONS

For more information about the Marketplace, visit [www.healthcare.gov](http://www.healthcare.gov).

The U.S. Department of Health and Human Services (HHS), through the Centers for Medicare & Medicaid Services (CMS), has jurisdiction with respect to the COBRA continuation coverage requirements of the Public Health Service Act (PHSA) that apply to state and local government employers, including counties, municipalities, public school districts, and the group health plans that they sponsor (Public Sector COBRA). COBRA can be a daunting and complex area of federal law. If you have any questions or issues regarding Public Sector COBRA, you may contact the Plan Administrator or email HHS at [phig@cms.hhs.gov](mailto:phig@cms.hhs.gov).

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<sup>1</sup> <https://www.medicare.gov/sign-up-change-plans/how-do-i-get-parts-a-b/part-a-part-b-sign-up-periods>

## KEEP YOUR PLAN INFORMED OF ADDRESS CHANGES

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

## EFFECTIVE DATE OF COVERAGE

COBRA continuation coverage, if elected within the period allowed for such election, is effective retroactively to the date coverage would otherwise have terminated due to the Qualifying Event, and the Qualified Beneficiary will be charged for coverage in this retroactive period.

## COST OF CONTINUATION COVERAGE

The cost of COBRA continuation coverage will not exceed 102% of the Plan's full cost of coverage during the same period for similarly situated non-COBRA beneficiaries to whom a Qualifying Event has not occurred. The "full cost" includes any part of the cost which is paid by the employer for non-COBRA beneficiaries.

The initial payment must be made within 45 days after the date of the COBRA election by the Qualified Beneficiary. Payment must cover the period of coverage from the date of the COBRA election retroactive to the date of loss of coverage due to the Qualifying Event (or the date a COBRA waiver was revoked, if applicable). The first and subsequent payments must be submitted and made payable to the Plan Administrator or COBRA Administrator. Payments for successive periods of coverage are due on the first of each month thereafter, with a 30-day grace period allowed for payment. Where an employee organization or any other entity that provides Plan benefits on behalf of the Plan Administrator permits a billing grace period greater than the 30 days stated above, such period shall apply in lieu of the 30 days. Payment is to be made on the date it is sent to the Plan or Plan Administrator.

The Plan will allow the payment for COBRA continuation coverage to be made in monthly installments, but the Plan can also allow for payment at other intervals. The Plan is not obligated to send monthly premium notices.

The Plan will notify the Qualified Beneficiary, in writing, of any termination of COBRA coverage based on the criteria stated in this Section that occurs prior to the end of the Qualified Beneficiary's applicable maximum coverage period. Notice will be given within 30 days of the Plan's decision to terminate.

# Important Notices (continued)

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Such notice shall include the reason that continuation coverage has terminated earlier than the end of the maximum coverage period for such Qualifying Event and the date of termination of continuation coverage.

**See the Summary Plan Description or contact the Plan Administrator for more information.**

## Uniformed Services Employment and Reemployment Rights Act (USERRA)

If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents (including your spouse) for up to 24 months while in the military. Even if you do not elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions for pre-existing conditions except for service-connected injuries or illnesses.

## Flexible Spending Accounts (FSAs) – Termination and Claims Submission Deadlines

**Note:** If you lose eligibility for any reason during the Plan Year, your contributions to your Health and/or Dependent Care FSAs will end as of the date your eligibility terminates. You may submit claims for reimbursement from your FSAs for expenses incurred during the Plan Year prior to your eligibility termination. You must submit claims for reimbursement from your Health and/or Dependent Care FSAs no later than 90 days after the date your eligibility terminates. Any balance remaining in your FSAs will be forfeited after claims submitted prior to this date have been processed.

## Special Enrollment Rights Notice

### CHANGES TO YOUR HEALTH PLAN ELECTIONS

Once you make your benefits elections, they cannot be changed until the next Open Enrollment. Open Enrollment is held once a year.

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if there is a loss of other coverage. However, you must request enrollment no later than 30 days after that other coverage ends.

If you declined coverage while Medicaid or the Children's Health Insurance Program (CHIP) is in effect, you may be able to enroll yourself and/or your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment no later than 60 days after Medicaid or CHIP coverage ends.

If you or your dependents become eligible for Medicaid or CHIP premium assistance, you may be able to enroll yourself and/or your dependents into this plan. However, you must request enrollment no later than 60 days after the determination to remain eligible for such assistance.

If you have a change in family status such as a new dependent resulting from marriage, birth, adoption or placement for adoption, divorce (including legal separation and annulment), death, or Qualified Medical Child Support Order, you may be able to enroll yourself and/or your dependents. However, you must request enrollment no later than 30 days after the marriage, birth, adoption, or placement for adoption or divorce (including legal separation and annulment).

For information about Special Enrollment Rights, please contact:

Denise Carter  
Human Resources  
510.238.7446

## Medicare Part D – Important Notice About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with the City of Oakland and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

# Important Notices (continued)

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- **Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.**
- **CalPERS has determined that the prescription drug coverage offered by the City of Oakland Medical Plan is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.**

## WHEN CAN YOU JOIN A MEDICARE DRUG PLAN?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

## WHAT HAPPENS TO YOUR CURRENT COVERAGE IF YOU DECIDE TO JOIN A MEDICARE DRUG PLAN?

If you decide to join a Medicare drug plan, your current City of Oakland coverage will not be affected. If you keep this coverage and elect Medicare, the City of Oakland coverage will coordinate with Part D coverage.

If you do decide to join a Medicare drug plan and drop your current City of Oakland coverage, be aware that you and your dependents will be able to get this coverage back.

## WHEN WILL YOU PAY A HIGHER PREMIUM (PENALTY) TO JOIN A MEDICARE DRUG PLAN?

You should also know that if you drop or lose your current coverage with City of Oakland and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without Creditable Coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (i.e., a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

## FOR MORE INFORMATION ABOUT THIS NOTICE OR YOUR CURRENT PRESCRIPTION DRUG COVERAGE

Contact the person listed below for further information. **Note:** You will get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through City of Oakland changes. You also may request a copy of this notice at any time.

## FOR MORE INFORMATION ABOUT YOUR OPTIONS UNDER MEDICARE PRESCRIPTION DRUG COVERAGE

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You will get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

## FOR MORE INFORMATION ABOUT MEDICARE PRESCRIPTION DRUG COVERAGE

- Visit [www.medicare.gov](http://www.medicare.gov)
- Call your State Health Insurance Assistance Program (see your copy of the Medicare & You handbook for their telephone number) for personalized help.
- Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at [www.socialsecurity.gov](http://www.socialsecurity.gov), or call them at 800-772-1213 (TTY 800-325-0778).

# Important Notices (continued)

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## REMEMBER

Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained Creditable Coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: January 1, 2024  
Name of Entity / Sender: City of Oakland  
Contact: Denise Carter, Human Resources  
Address: 150 Frank Ogawa Plaza, 3<sup>rd</sup> Floor  
Oakland, CA 94612  
Phone: 510.238.7446

## Availability of Health Insurance Portability and Accountability Act (HIPAA) Notice of Privacy Practices

The City of Oakland Group Health Plan (Plan) maintains a Notice of Privacy Practices that provides information to individuals whose protected health information (PHI) will be used or maintained by the Plan. If you would like a copy of the Plan's Notice of Privacy Practices, please contact Human Resources.

## Important Notice Regarding Wellness Information

The City of Oakland's Wellness Program is a voluntary program available to all employees and is subject to federal law including the Americans with Disabilities Act and the Genetic Information Nondiscrimination Act.

If you choose to participate, you may be asked to complete a voluntary health risk assessment that asks questions about your health-related activities and behaviors and whether you have or had certain medical conditions. You may also be asked to complete a voluntary biometric screening which includes receiving screening results for your blood glucose, total cholesterol, blood pressure, and height and weight to determine Body Mass Index (BMI).

The information gathered from your health risk assessment and/or biometric screening will be used to provide you with information to help you understand your current health, potential risks, and may also be used to offer you services through the wellness program. You are also encouraged to share your results or concerns with your own doctor.

The law requires us to maintain the privacy and security of your personally identifiable health information. Although the wellness program and the City of Oakland may use aggregate, non-employee-specific information to design a program to address health risks in the workplace, your personally identifiable information will never be disclosed publicly or to your employer. Medical information that personally identifies you in connection with the wellness program will not be disclosed to your supervisors or managers and will never be used to make decisions regarding your employment. Anyone (e.g., a registered nurse, a doctor, a health coach, etc.) who receives information about you for the purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements.

All medical information obtained through the wellness program will be maintained in a secure and confidential manner.

If you have any questions or concerns, please contact Lana Chan at [LChan2@oaklandca.gov](mailto:LChan2@oaklandca.gov) and Erika Turner at [ETurner@oaklandca.gov](mailto:ETurner@oaklandca.gov).

# Important Notices (continued)

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## Health Insurance Marketplace Coverage Options and Your Health Coverage

### PART A: GENERAL INFORMATION

This notice provides you with information about the City of Oakland in the event you wish to apply for coverage on the Health Insurance Marketplace. All the information you need from Human Resources is listed in this notice. If you wish to have someone assist you in the application process or have questions about subsidies that you may be eligible to receive, (for California residents only) you can contact KeenanDirect at 855-653-3626 or at [www.KeenanDirect.com](http://www.KeenanDirect.com), or (for everyone) contact the Health Insurance Marketplace directly at [www.Healthcare.gov](http://www.Healthcare.gov).

#### WHAT IS THE HEALTH INSURANCE MARKETPLACE?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget by offering “one-stop shopping” to find and compare private health insurance options. You may also be eligible for a tax credit that lowers your monthly premium right away.

Open Enrollment for health insurance coverage through Covered California will begin on November 1, 2023, and end on January 31, 2024. For more information on Open Enrollment and other opportunities to enroll, visit [www.coveredca.com](http://www.coveredca.com) or KeenanDirect at 855-653-3626 or [www.KeenanDirect.com](http://www.KeenanDirect.com).

Open Enrollment for most other states begins on November 1 and closes on January 15 of each year. For more information on Open Enrollment and other opportunities to enroll, visit [www.healthcare.gov](http://www.healthcare.gov).

#### CAN I SAVE MONEY ON MY HEALTH INSURANCE PREMIUMS IN THE MARKETPLACE?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer you coverage, offers medical coverage that is not “Affordable,” or does not provide “Minimum Value.” If the lowest cost plan from your employer that would cover you (and not any other members of your family) is more than 8.39% (for 2024) of your household income for the year, then that coverage for you is not Affordable. Affordability for dependent family members is determined separately and is based on the total cost of family coverage. Moreover, if the medical coverage offered covers less than 60% of the benefits costs, then the plan does not provide Minimum Value.

#### DOES EMPLOYER HEALTH COVERAGE AFFECT ELIGIBILITY FOR PREMIUM SAVINGS THROUGH THE MARKETPLACE?

Yes. If you have an offer of medical coverage from your employer that is both Affordable and provides Minimum Value, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer’s medical plan. If you receive premium savings for Marketplace coverage, the IRS may seek reimbursement of those funds.

**Note:** If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered medical coverage. Also, this employer contribution, as well as your employee contribution to employer-offered coverage, is often excluded from income for federal and state income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

#### STATES WITH INDIVIDUAL MANDATE

Taxpayers in CA, DC, MA, NJ, RI, and VT (this list is neither complete nor exhaustive) are reminded that your state imposes an individual mandate penalty (tax) should you, your spouse, and children choose to not have (and keep) medical/rx coverage for each tax year. Please consult your tax advisor for how a non-election for health coverage may affect your tax situation.

# Important Notices (continued)

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## PART B: INFORMATION ABOUT HEALTH COVERAGE OFFERED BY YOUR EMPLOYER

In the event you wish to apply for coverage on the Exchange, all the information you need from Human Resources is listed below. If you are located in California and wish to have someone assist you in the application process or have questions about subsidies that you may be eligible to receive, you can contact KeenanDirect at 855-653-3626 or at [www.KeenanDirect.com](http://www.KeenanDirect.com). The information is numbered to correspond to the Marketplace application.

<b>3. Employer name</b> City of Oakland	<b>4. Employer Identification Number (EIN)</b> 94-6000384	
<b>5. Employer address</b> 150 Frank Ogawa Plaza, 3 <sup>rd</sup> Floor	<b>6. Employer phone number</b> 510.238.4749	
<b>7. City</b> Oakland	<b>8. State</b> CA	<b>9. ZIP code</b> 94612
<b>10. Who can we contact about employee health coverage at this job?</b> Denise Carter, Human Resources		
<b>11. Phone number (if different from above)</b> 510.238.7446	<b>12. Email address</b> <a href="mailto:dcarter@oaklandca.com">dcarter@oaklandca.com</a>	

As your employer, we offer coverage that meets the minimum value standard to the employees as described in this Guide. The coverage offered to you meets the minimum value standard and the cost of this coverage to you is intended to be affordable based on employee wages.

# Important Notices (continued)

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## Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your State may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs, but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov).

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 877-KIDS-NOW or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your State if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.askebsa.dol.gov](http://www.askebsa.dol.gov) or call 866-444-EBSA (3272).

If you live in one of the following States, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2023. Contact your State for more information on eligibility.

### ALABAMA – Medicaid

Website: <http://myalhipp.com/>  
Phone: 855-692-5447

### ALASKA – Medicaid

The AK Health Insurance Premium Payment Program  
Website: <http://myakhipp.com/>  
Phone: 866-251-4861  
Email: [CustomerService@MyAKHIPP.com](mailto:CustomerService@MyAKHIPP.com)  
Medicaid Eligibility:  
<https://health.alaska.gov/dpa/Pages/default.aspx>

### ARKANSAS – Medicaid

Website: <http://myarhipp.com/>  
Phone: 855-MyARHIPP (855-692-7447)

### CALIFORNIA – Medicaid

Health Insurance Premium Payment (HIPP) Program Website:  
<http://dhcs.ca.gov/hipp>  
Phone: 916-445-8322  
Fax: 916-440-5676  
Email: [hipp@dhcs.ca.gov](mailto:hipp@dhcs.ca.gov)

### COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHIP+)

Health First Colorado Website:  
<https://www.healthfirstcolorado.com/>  
Health First Colorado Member Contact Center:  
800-221-3943 | TTY: Colorado relay 711  
CHP+: <https://hcpf.colorado.gov/child-health-plan-plus>  
CHP+ Customer Service:  
800-359-1991 | TTY: Colorado relay 711  
Health Insurance Buy-In Program (HIBI):  
<https://www.mycohibi.com/>  
HIBI Customer Service: 855-692-6442

### FLORIDA – Medicaid

Website:  
<http://www.flmedicaidprecovery.com/flmedicaidprecovery.com/hipp/index.html>  
Phone: 877-357-3268

### GEORGIA – Medicaid

GA HIPP Website: <https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp/>  
Phone: 678-564-1162, press 1  
GA CHIPRA Website:  
<https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra>  
Phone: 678-564-1162, press 2

### INDIANA – Medicaid

Healthy Indiana Plan for low-income adults 19-64  
Website: <http://www.in.gov/fssa/hip/>  
Phone: 877-438-4479  
All other Medicaid  
Website: <https://www.in.gov/medicaid/>

### Phone: 800-457-4584 IOWA – Medicaid and CHIP (Hawki)

Medicaid Website: <https://dhs.iowa.gov/ime/members>  
Medicaid Phone: 800-338-8366  
Hawki Website: <http://dhs.iowa.gov/Hawki>  
Hawki Phone: 800-257-8563  
HIPP Website:  
<https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp>  
HIPP Phone: 888-346-9562

# Important Notices (continued)

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## **KANSAS – Medicaid**

Website: <https://www.kancare.ks.gov/>  
Phone: 800-792-4884  
HIPPA Phone: 800-967-4660

## **KENTUCKY – Medicaid**

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website:  
<https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx>  
Phone: 855-459-6328  
Email: [KIHIPPPROGRAM@ky.gov](mailto:KIHIPPPROGRAM@ky.gov)  
KCHIP Website: <https://kidshealth.ky.gov/Pages/index.aspx>  
Phone: 877-524-4718  
Medicaid Website: <https://chfs.ky.gov/agencies/dms>

## **LOUISIANA – Medicaid**

Website: [www.medicaid.la.gov](http://www.medicaid.la.gov) or [www.ldh.la.gov/lahipp](http://www.ldh.la.gov/lahipp)  
Phone: 888-342-6207 (Medicaid hotline) or  
855-618-5488 (LaHIPP)

## **MAINE – Medicaid**

Enrollment Website:  
[https://www.mymaineconnection.gov/benefits/s/?language=en\\_US](https://www.mymaineconnection.gov/benefits/s/?language=en_US)  
Phone: 800-442-6003 | TTY: Maine relay 711  
Private Health Insurance Premium Webpage:  
<https://www.maine.gov/dhhs/ofi/applications-forms>  
Phone: 800-977-6740 | TTY: Maine relay 711

## **MASSACHUSETTS – Medicaid and CHIP**

Website: <https://www.mass.gov/masshealth/pa>  
Phone: 800-862-4840 | TTY: Massachusetts relay 711  
Email: [masspremassistance@accenture.com](mailto:masspremassistance@accenture.com)

## **MINNESOTA – Medicaid**

Website: <https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-insurance.jsp>  
Phone: 800-657-3739

## **MISSOURI – Medicaid**

Website:  
<https://www.dss.mo.gov/mhd/participants/pages/hipp.htm>  
Phone: 573-751-2005

## **MONTANA – Medicaid**

Website: <http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP>  
Phone: 800-694-3084  
Email: [HSHIPPProgram@mt.gov](mailto:HSHIPPProgram@mt.gov)

## **NEBRASKA – Medicaid**

Website: <http://www.ACCESSNebraska.ne.gov>  
Phone: 855-632-7633  
Lincoln: 402-473-7000  
Omaha: 402-595-1178

## **NEVADA – Medicaid**

Medicaid Website: <http://dhcnp.nv.gov/>  
Medicaid Phone: 800-992-0900

## **NEW HAMPSHIRE – Medicaid**

Website: <https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program>  
Phone: 603-271-5218  
HIPP Program Toll-Free Phone: 800-852-3345, ext. 5218

## **NEW JERSEY – Medicaid and CHIP**

Medicaid Website:  
<http://www.state.nj.us/humanservices/dmahs/clients/medicaid/>  
Medicaid Phone: 609-631-2392  
CHIP Website: <http://www.njfamilycare.org/index.html>  
CHIP Phone: 800-701-0710

## **NEW YORK – Medicaid**

Website: [https://www.health.ny.gov/health\\_care/medicaid/](https://www.health.ny.gov/health_care/medicaid/)  
Phone: 800-541-2831

## **NORTH CAROLINA – Medicaid**

Website: <https://medicaid.ncdhhs.gov/>  
Phone: 919-855-4100

## **NORTH DAKOTA – Medicaid**

Website: <https://www.hhs.nd.gov/healthcare>  
Phone: 844-854-4825

## **OKLAHOMA – Medicaid and CHIP**

Website: <http://www.insureoklahoma.org>  
Phone: 888-365-3742

## **OREGON – Medicaid**

Websites: <http://healthcare.oregon.gov/Pages/index.aspx>  
Phone: 800-699-9075

## **PENNSYLVANIA – Medicaid and CHIP**

Website:  
<https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx>  
Phone: 800-692-7462  
CHIP Website: <https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx>  
CHIP Phone: 800-986-KIDS (5437)

## **RHODE ISLAND – Medicaid and CHIP**

Website: <http://www.eohhs.ri.gov/>  
Phone: 855-697-4347 or 401-462-0311 (Direct Rite Share Line)

## **SOUTH CAROLINA – Medicaid**

Website: <https://www.scdhhs.gov>  
Phone: 888-549-0820

## **SOUTH DAKOTA – Medicaid**

Website: <http://dss.sd.gov>  
Phone: 888-828-0059



# Important Notices (continued)

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## **TEXAS – Medicaid**

Website: <https://www.hhs.texas.gov/services/financial/health-insurance-premium-payment-hipp-program>  
Phone: 800-440-0493

## **UTAH – Medicaid and CHIP**

Medicaid Website: <https://medicaid.utah.gov/>  
CHIP Website: <http://health.utah.gov/chip>  
Phone: 877-543-7669

## **VERMONT – Medicaid**

Website: <https://dvha.vermont.gov/members/medicaid/hipp-program>  
Phone: 800-250-8427

## **VIRGINIA – Medicaid and CHIP**

Website: <https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select>  
<https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs>  
Medicaid Phone: 800-432-5924  
CHIP Phone: 800-432-5924

## **WASHINGTON – Medicaid**

Website: <https://www.hca.wa.gov/>  
Phone: 800-562-3022

## **WEST VIRGINIA – Medicaid and CHIP**

Website: <https://dhhr.wv.gov/bms/http://mywvhipp.com/>  
Medicaid Phone: 304-558-1700  
CHIP Toll-Free Phone: 855-MyWVHIPP (855-699-8447)

## **WISCONSIN – Medicaid and CHIP**

Website: <https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm>  
Phone: 800-362-3002

## **WYOMING – Medicaid**

Website: <https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/>  
Phone: 800-251-1269

To see if any other states have added a premium assistance program since July 31, 2023, or for more information on special enrollment rights, contact either:

## **U.S. Department of Labor**

Employee Benefits Security Administration  
[www.dol.gov/agencies/ebsa](http://www.dol.gov/agencies/ebsa)  
866-444-EBSA (3272)

## **U.S. Department of Health and Human Services**

Centers for Medicare & Medicaid Services  
[www.cms.hhs.gov](http://www.cms.hhs.gov)  
877-267-2323, Menu Option 4, Ext. 61565

# Glossary

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## Affordable Care Act and Patient Protection (ACA)

Also called Health Care Reform, the ACA requires health plans to comply with certain requirements. The ACA became law in March 2010. Since then, the ACA has required some changes to medical coverage—like covering dependent children to age 26, no lifetime limits on medical benefits, covering preventive care without cost-sharing, etc, among other requirements.

## Allowed Amount

Maximum amount on which payment is based for covered health care services. This may be called “eligible expense,” “payment allowance” or “negotiated rate.” If your provider charges more than the allowed amount, you may have to pay the difference. (See Balance Billing.)

## Balance Billing

When a provider bills you for the difference between the provider’s charge and the allowed amount. For example, if the provider’s charge is \$100 and the allowed amount is \$70, the provider may bill you for the remaining \$30. A preferred provider may not balance bill you.

## Brand Name Drug

The original manufacturer’s version of a particular drug. Because the research and development costs that went into developing these drugs are reflected in the price, brand name drugs cost more than generic drugs.

## COBRA (Consolidated Omnibus Budget Reconciliation Act)

The Consolidated Omnibus Budget Reconciliation Act allows people who lose their jobs to continue their employer-sponsored insurance coverage for up to 18 months.

## Children’s Health Insurance Program (CHIP)

The government program that provides free or low-cost health coverage for children up to age 19 in families whose income is too high to qualify for Medicaid but too low to afford private insurance. CHIP covers U.S. citizens and eligible immigrants. In some states, CHIP covers pregnant people. CHIP goes by different names in some states.

## Claim

A request for payment that you or your health care provider submits to your health insurer to be paid or reimbursed for items or services you have received. Most often, you will not be responsible for making claim requests. Usually, billing and claims specialists employed by the health care provider (e.g. primary care office, hospital) will make the claim on your behalf.

## Coinsurance

A percentage of costs you pay “out-of-pocket” for covered expenses after you meet the deductible.

## Copayment (Copay)

A fee you have to pay “out-of-pocket” for certain services, such as a doctor’s office visit or prescription drug.

## Comprehensive Coverage

A health insurance plan that covers the full range of care that you may need. This may include preventive services (like flu shots), physical exams, prescription drugs, and doctor or hospital care.

## Deductible

The amount you pay “out-of-pocket” before the health plan will start to pay its share of covered expenses.

## Formulary

A list of prescription drugs covered by the health plan, often structured in tiers that subsidize low-cost generics at a higher percentage than more expensive brand-name or specialty drugs.

## Generic Drug

Lower-cost alternative to a brand name drug that has the same active ingredients and works the same way.

## High-Deductible Health Plan (HDHP)

High-deductible health plans (HDHPs) are health insurance plans with lower premiums and higher deductibles than traditional health plans. Only those enrolled in an HDHP are eligible to open and contribute tax-free to a health savings account (HSA).

# Glossary (continued)

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## Health Savings Account (HSA)

A health savings account (HSA) is a portable savings account that allows you to set aside money for health care expenses on a tax-free basis. State taxes may apply. You must be enrolled in a high-deductible health plan in order to open an HSA. An HSA rolls over from year to year, pays interest, can be invested, and is owned by you—even if you leave the company.

## Health Reimbursement Arrangements (HRAs)

Unlike HSAs, only an employer may fund an HRA and the funds revert back to the employer when the employee leaves the organization. HRAs are not subject to the same contribution limits as HSAs, and they may be paired with either high-deductible plans or traditional health plans.

## In-Network

Doctors, clinics, hospitals and other providers with whom the health plan has an agreement to care for its members. Health plans cover a greater share of the cost for in-network health providers than for providers who are out-of-network.

## Non-Preferred Provider

A provider who doesn't have a contract with your health insurer or plan to provide services to you. You'll pay more to see a non-preferred provider.

## Out-of-Pocket Maximum

The most you pay each year "out-of-pocket" for covered expenses. Once you've reached the out-of-pocket maximum, the health plan pays 100% for covered expenses.

## Out-Of-Network

A health plan may not cover treatment for doctors, clinics, hospitals and other providers who are out-of-network, but covered employees will pay more out-of-pocket to use out-of-network providers than for in-network providers.

## Out-Of-Pocket Limit

The most an employee could pay during a coverage period (usually one year) for his or her share of the costs of covered services, including co-payments and co-insurance.

## Plan Year

The year for which the benefits you choose during Annual Enrollment remain in effect. If you're a new employee, your benefits remain in effect for the remainder of the plan year in which you enroll, and you enroll for the next plan year during the next Annual Enrollment.

## Preferred Provider

A provider who has a contract with your health insurer or plan to provide services to you at a discount.

## Premium

The amount that must be paid for a health insurance plan by covered employees, by their employer, or shared by both. A covered employee's share of the annual premium is generally paid periodically, such as monthly, and deducted from his or her paycheck.

## Preventive Care

Health care services you receive when you are not sick or injured— so that you will stay healthy. These include annual checkups, gender- and age-appropriate health screenings, well-baby care, and immunizations recommended by the American Medical Association.

## Qualifying Life Event

A change in your life that can make you eligible for a Special Enrollment Period to enroll in health coverage. Examples of qualifying life events include moving to a new state, certain changes in your income, and changes in your family size.

## Skilled Nursing Care

Services from licensed nurses in your own home or in a nursing home. Skilled care services are from technicians and therapists in your own home or in a nursing home.

## Urgent Care

Care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe as to require emergency room care.



[CLICK HERE](#) to watch  
a video on Benefits Key  
Terms Explained

# Forms

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## Benefits Enrollment Forms

The following forms are required:

- Employee Benefits Record form
- CalPERS Beneficiary Designation form

Optional Benefit Forms:

- Flexible Benefit Spending Plan Enrollment form (MCAP & DCAP)
- Predesignation of Personal Physician
- Notice of Personal Chiropractor or Personal Acupuncturist

### Where to Submit Your Benefit Enrollment Forms and Required Documentation

Please fax or submit your benefit enrollment forms and required documentation to the Benefits Unit.

FAX

Fax your completed forms to:

510.238.6560

Benefits Unit

[BenefitsAdmin@oaklandca.gov](mailto:BenefitsAdmin@oaklandca.gov)

# CITY OF OAKLAND EMPLOYEE BENEFITS RECORD FORM

You must submit a completed enrollment form and any required documentation to the DHRM Risk and Benefits Division within 60 days of your initial benefits eligibility date or qualified life event.

## 1. APPLICATION TYPE

- New Hire   
  Rehire/Reinstatement   
  Birth/Adoption   
  Marriage/Domestic Partnership   
  Open Enrollment  
 Loss of Coverage   
 Divorce or Termination of Domestic Partnership   
 Other -Please explain: \_\_\_\_\_

## 2. YOUR PERSONAL INFORMATION

Last Name		First Name			Middle Initial
Street Address (cannot be a P.O. Box)				Apt. #	City
				State	Zip
Employee ID#	Birth Date		Phone Number		

## 3. EMPLOYMENT INFORMATION

Department Name	Rep Unit	FT	PPT	Sworn
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## 4. HEALTH PLAN ELECTION

Kaiser	Blue Shield EPO	Western Health Advantage	Waive Medical Coverage (OPOA are not eligible)
Anthem Select HMO	Blue Shield Trio	PERS Gold PPO	
Anthem Traditional HMO	United Healthcare	PERS Platinum PPO	Medical Waiver Plan-Cash In Lieu
Blue Shield Access	United Healthcare Harmony	PORAC (Sworn Police only)	<a href="#">Medical Waiver Cash Plan form</a> and proof of coverage required. OPOA are not eligible.

Primary Care Physician \_\_\_\_\_

Plan availability is based on your home zip code (in the City's system) or work zip code. Verify plan availability using [CalPERS Medical Plan Zip Code Search tool](#).

Check box to use work zip code       If recently covered with CalPERS medical from another agency, enter coverage end date \_\_\_\_\_

## 5. DENTAL & VISION PLAN ELECTION \*FOR NON-SWORN & UNREPRESENTED EMPLOYEES

Delta Dental PPO* DeltaCare USA HMO* WAIVE DENTAL	Sworn Police OPOA Dental IAFF Sworn Fire - Submit <a href="#">Firefighter Dental Enrollment Form</a> (click link to access form)	Vision Service Plan*	Waive Vision Coverage
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## 6. DEPENDENTS COMPLETE SECTION BELOW TO ADD OR DROP DEPENDENTS

You must submit required eligibility documentation and provide SSN for all dependent enrollments. See page 2 for list of required documents.

Medical		Dental		Vision		Last Name	First Name	MI	Full SSN	Date of Birth	Relationship
Add	Drop	Add	Drop	Add	Drop						

## 7. LIFE INSURANCE BENEFICIARY DESIGNATION (NON-SWORN & UNREPRESENTED EMPLOYEES)

I appoint as revocable beneficiary(ies) of insurance payable in the event of my death:

	Name	Relationship	Address	Benefit %
Primary Beneficiary(ies)				
Contingent Beneficiary(ies) <small>(Contingent beneficiaries are in the event of death of all primary beneficiaries)</small>				

I certify that information on this document is true and correct and I give the person(s) administering the plans in which I enroll and/or their agents permission to verify any and all information. I agree to assume full financial responsibility for all expenses and to reimburse and indemnify the plans and the City of Oakland for any benefits paid for me and/or my dependents if I or my dependents subsequently prove to be ineligible to participate in the plans or to receive such benefits. I also understand that the falsification of information on this document may violate applicable laws, rules and regulations and could lead to disciplinary action, dismissal and/or legal action. I have read and accept the terms and conditions on this side and the reverse side of this form.

Your Signature: _____	Date: _____
-----------------------	-------------

PERS ENTRY:

ORACLE ENTRY:

EFFECTIVE DATE:

**ENROLLMENT APPLICATION: TERMS AND CONDITIONS**

- Your signature on the front of this form signifies your authorization, understanding of and agreement to the following:
- The City of Oakland **DHRM – Risk & Benefits Division** will only enroll you and your eligible dependents in the benefit elections indicated on this form and for which you are eligible.
- **You agree to submit any contribution required on your part directly to the City of Oakland DHRM – Risk & Benefits Division during any unpaid leave of absence.**
- Your participation in the City of Oakland sponsored benefits is subject to all applicable laws, rules and regulations (including but not limited to, the rules and regulations of the City of Oakland) as the same may be amended, modified or supplemented from time to time.
- You will not be able to make any changes to the benefit elections indicated on this form during the Plan year (January 1-December 31) unless you have a qualifying family status change.
- Coverage may be canceled at anytime. If you elect to waive/cancel your City of Oakland sponsored medical, dental or vision coverage, you may re-enroll only during an Open Enrollment period, if you've experienced a recent (within 60 days) loss of other coverage, or be assessed a 90-day waiting period.
- Any misstatement of fact made by you with respect to the eligibility of any dependent or any other matter contained on this form will make you subject to disciplinary action, dismissal and/or legal action.
- You authorize any person, hospital or other entity that has rendered medical or dental services to you or any dependent(s) listed on this form to make available to the health plan, to such extent as may be lawful, any information, records or photographs regarding such services if requested by the health plan. Such information may also be released to persons or entities which, in conjunction with, or at the direction of the medical plan are conducting a review of cost, quality and/or appropriateness of services rendered.
- You agree that if you or any dependent listed on this form becomes ineligible at any time for the coverage available through the City of Oakland, you will promptly notify the City of Oakland **DHRM – Risk & Benefits Division** and submit all requested documentation.
- All healthcare services provided or benefits paid on behalf of any ineligible employee or dependent are subject to collection by the health plan involved or by the City of Oakland.
- If you elect to waive medical coverage, you must complete a Cafeteria / Medical Waiver Plan Form in addition to this form. Participation in the Waiver Program applies to an entire plan year. If participation in the Waiver program ends during the plan year and I again become eligible for the Cafeteria Plan within the same year, you must wait until the next plan year.
- The following documentation is required, in addition to a completed Employee Benefits Record Form, for any eligible individual's enrollment:

**REQUIRED ELIGIBILITY DOCUMENTATION**

The following supporting documents must be submitted with the Employee Benefit Record form to add dependent coverage, add coverage due to loss of other coverage, or enroll in the Medical Waiver Plan (Cash-In-Lieu).

	<b>Required Documentation</b> (click links to access forms)
<b>Spouse</b>	Marriage Certificate
<b>Registered Domestic Partner</b>	Domestic Partner Certification <a href="#">Domestic Partner Imputed Income Declaration Form</a>
<b>Natural Child</b>	Birth Certificate
<b>Domestic Partner Child</b>	Domestic Partner Certificate and Child's Birth Certificate
<b>Adopted Child</b>	Adoption Papers
<b>Stepchild</b>	Birth Certificate (showing spouse as parent)
<b>Child Legal Guardianship</b>	Court Order <a href="#">CalPERS Affidavit Parent-Child Relationship Form</a> First Page of Previous Year's Tax Return
<b>Economically Dependent Child</b>	<a href="#">CalPERS Affidavit of Parent-Child Relationship Form</a> First Page of Previous Year's Tax Return
<b>Disabled Child</b>	<a href="#">CalPERS Questionnaire &amp; Medical Report For Disabled Dependent Form</a> <a href="#">CalPERS Authorization to Disclose Health Information Form</a>
<b>Court Order Child</b>	Court Order
<b>Loss of Coverage</b>	Proof of Loss of Coverage
<b>Medical Waiver Plan – Cash In Lieu</b>	<a href="#">Medical Waiver Plan Election Form</a> Proof of Other Medical Coverage

**REQUIRED DOCUMENTS TO CANCEL BENEFITS FOR SPOUSE/DOMESTIC PARTNER DUE TO DISSOLUTION OF MARRIAGE OR DOMESTIC PARTNERSHIP**

	<b>Required Documentation</b>
<b>Spouse</b>	Copy of Divorce Decree
<b>Domestic Partner</b>	Copy of Termination of Domestic Partnership document

**Where to Submit Forms:**

- **FAX:** (510) 238-6560
- **Email:** [BenefitsAdmin@oaklandca.gov](mailto:BenefitsAdmin@oaklandca.gov)
- **Drop off:** **City of Oakland Benefits Unit**  
**150 Frank H. Ogawa Plaza, 2<sup>nd</sup> Floor HR Desk**  
**Oakland, CA 94612**



**California Public Employees' Retirement System**

**Pre-Retirement Lump Sum Beneficiary Designation**

**Section 1**

**Member Information**

Please include your first name, middle initial and last name.

Member's Full Name	Social Security Number or CalPERS ID
Telephone Number	Birth Date

**Section 2**

**Beneficiary Designation**

Provide on the form the full name of your beneficiaries, relationship, Social Security number or CalPERS ID and the complete address.

I understand that if I am married or in a registered domestic partnership but do not name my spouse or registered domestic partner as beneficiary, she/he may still be entitled to a community property share of my "Lump Sum Contributions" or a share of any monthly allowance that may be payable. My "Non-Spouse" or "Non-Registered Domestic Partner" designated beneficiaries will receive the portion of my lump sum benefits, which are not payable to my spouse or registered domestic partner as his/her community property share. I further understand that if my death is determined to be "Industrial," special death benefits will be paid in the manner prescribed by law. If no percentage (%) is given, the applicable benefits will be paid **share and share alike**.

**Primary Beneficiaries**

If a percentage (%) is entered make sure the total equals 100%.

Name of Primary Beneficiary	Birth Date
-----------------------------	------------

If the form does not provide enough space, you may attach additional sheets provided you indicate whether you are designating "primary" or "secondary" beneficiaries. You must sign, date and write your Social Security number or CalPERS ID at the top of each additional sheet.

Relationship to the Member	Percentage of the Benefit	Social Security Number or CalPERS ID
----------------------------	---------------------------	--------------------------------------

Address (Number, Street, City, State and Zip Code)

Name of Primary Beneficiary	Birth Date
-----------------------------	------------

Relationship to the Member	Percentage of the Benefit	Social Security Number or CalPERS ID
----------------------------	---------------------------	--------------------------------------

Address (Number, Street, City, State and Zip Code)

Name of Primary Beneficiary	Birth Date
-----------------------------	------------

Relationship to the Member	Percentage of the Benefit	Social Security Number or CalPERS ID
----------------------------	---------------------------	--------------------------------------

Address (Number, Street, City, State and Zip Code)

Put your name and Social Security number or CalPERS ID at the top of every page.

Member's Name

Social Security Number or CalPERS ID

**Section 2**

**Beneficiary Designation - Continued**

If a percentage (%) is entered make sure the total equals 100%.

In the event that I survive the person(s) named above, I hereby designate the following person(s) who survive me, as BENEFICIARIES. If no percentage (%) is given, benefits will be paid **share and share alike**.

**Secondary Beneficiaries**

If the form does not provide enough space, you may attach additional sheets provided you indicate whether you are designating "primary" or "secondary" beneficiaries. You must sign, date and write your Social Security number or CalPERS ID at the top of each additional sheet.

Name of Secondary Beneficiary

Birth Date

Relationship to the Member

Percentage of the Benefit

Social Security Number or CalPERS ID

Address (Number, Street, City, State and Zip Code)

Name of Secondary Beneficiary

Birth Date

Relationship to the Member

Percentage of the Benefit

Social Security Number or CalPERS ID

Address (Number, Street, City, State and Zip Code)

Should I survive all of the persons named above, I understand that the benefits payable on account of my death will be paid to my statutory beneficiaries, or to such other beneficiary or beneficiaries that I may hereafter designate in writing to the Board of Administration, all in accordance with the applicable provisions of law.

**Section 3**

**Required Signature(s)**

Provide the date you signed the form and your current mailing address.

**Member's Acknowledgement:**

By this Beneficiary Designation, I hereby revoke any previous designation I have filed. I understand that my marriage or registered domestic partnership, dissolution or annulment of my marriage or registered domestic partnership, or the birth or adoption of a child or termination of membership subsequent to the date I file this form with CalPERS, will automatically void this designation. However, a designation filed after the initiation of a dissolution/annulment of marriage or registered domestic partnership is not revoked when the dissolution/annulment is finalized.

Are you legally married or have a registered domestic partner?  Yes  No

If yes, your spouse or registered domestic partner must sign this form. If no, please indicate:

Never Married/Never in Registered Domestic Partnership  Divorced/Annulled  Widowed

If you are married or in a registered domestic partnership and your spouse or registered domestic partner **does not** sign this form, you must complete and submit the

**IMPORTANT** - You must complete the Justification for Absence of Spouse's or Registered Domestic Partner's Signature (my|CalPERS 0775) if you are married or have a registered domestic partnership but your spouse or registered domestic partner is unable to sign below.

**Justification for Absence of Spouse's or Registered Domestic Partner's Signature**

Member's Signature

Date (mm/dd/yyyy)

(my|CalPERS 0775) form with your designation form.

Member's Address

City

State

Zip Code

**Spouse's/Registered Domestic Partner's Acknowledgement:**

By signing this beneficiary designation form, I acknowledge the information entered by my spouse/registered domestic partner.

Spouse's/Registered Domestic Partner's Signature

Date (mm/dd/yyyy)

**Mail to:**

CalPERS Benefit Services Division · P.O. Box 942711, Sacramento, CA 94229-2711

my|CalPERS 0772



**Information**

If you die before you retire, the Public Employees' Retirement Law provides for payment of specific Death Benefits to your surviving beneficiaries. Please order or download your Member Benefit Publication from our website [www.calpers.ca.gov](http://www.calpers.ca.gov) or see your personnel officer for a description of the benefits. The benefits are payable to the following beneficiaries:

- A. If you are a safety member and your death is job-related, or if you are not a safety member but you are fatally attacked while performing your official job duties, the Special Death Benefit may be payable. This benefit is payable by law to your surviving spouse/registered domestic partner (whether or not you were still living together at the time of your death) or, if none, to your unmarried children/step-children under age 22, whether or not you have filed a beneficiary designation.
- B. If you are eligible for retirement or you are a State member with at least 20 years of State service credit, a monthly death benefit allowance may be payable. If you do not have a valid beneficiary designation on file, the benefits will be payable to your surviving spouse/registered domestic partner to whom you have been married to or in a partnership with for either one year or prior to the onset of the injury or illness that resulted in death. Or, if there is no eligible surviving spouse/registered domestic partner, the allowance will be payable to your unmarried minor children, if any.

If you do have a valid beneficiary designation on file, your spouse/registered domestic partner may still be entitled to a community property share of your lump sum contributions or monthly death benefit allowance. However, your non-spouse/non-registered domestic partner designated beneficiaries will receive the portion of your lump sum benefits that are not payable to your spouse/registered domestic partner as his/her community property share.

- C. If A and B do not apply and there is no valid Beneficiary Designation on file at the time of death, the benefits will be payable to your survivors in the following order:
1. Your surviving spouse/registered domestic partner (whether or not you were still living together at the time of your death); or if none
  2. Natural and adopted children, including (in limited situations) a natural child adopted by another, share and share alike; or if none,
  3. Parents, share and share alike; or if none,
  4. Brothers and sisters, share and share alike, or if none,
  5. Your estate (if probated, or subject to probate), or if not,
  6. Your trust (if one exists), or if not,
  7. Stepchildren, share and share alike or if none,
  8. Grandchildren, including step-grandchildren, share and share alike, or if none,
  9. Nieces and nephews, share and share alike, or if none,
  10. Great-grandchildren, share and share alike, or if none,
  11. Cousins, share and share alike.

If A and B do not apply and there is a valid Beneficiary Designation on file at the time of death, the benefits will be payable to the beneficiary(ies) you designate on the form. **However, if you are married or have a registered domestic partner at the time of death, your spouse/registered domestic partner may still be entitled to a community property share of your lump sum contributions.**

- D. You may designate or change your beneficiaries at any time by completing another Beneficiary Designation form. You may name as beneficiary any person or persons, a corporation or your estate. Payment will be made to your estate only if probated. You may designate a trust as your beneficiary; however, you must provide the name of the trust, the date of the trust, and the name and address where the trust is filed. It is not necessary to provide the name of the trustee. Reminder: **If you are married or in a registered domestic partnership at the time of your death and you do not name your spouse/registered domestic partner as beneficiary, he/she may still be entitled to a community property share of your lump sum contributions or a share of any monthly allowance that may be payable.**
- E. Your Beneficiary Designation will be revoked automatically, and benefits will be payable to the closest survivor listed in section C, if any of the following events occur after your designation form is received by CalPERS:
1. Marriage/Registration of domestic partnership; or
  2. Dissolution or annulment of your marriage/registered domestic partnership. However, a designation filed after the initiation of a dissolution/annulment of marriage or registered domestic partnership is **NOT** revoked when the dissolution/annulment is finalized; or
  3. Birth or adoption of a child; or
  4. Termination of membership that results in a refund of your contributions.

# Privacy Notice

The privacy of personal information is of the utmost importance to CalPERS. The following information is provided to you in compliance with the Information Practices Act of 1977 and the Federal Privacy Act of 1974.

## Information Purpose

The information requested is collected pursuant to the Government Code (sections 20000 et seq.) and will be used for administration of Board duties under the Retirement Law, the Social Security Act, and the Public Employees' Medical and Hospital Care Act, as the case may be. Submission of the requested information is mandatory. Failure to comply may result in CalPERS being unable to perform its functions regarding your status.

Please do not include information that is not requested.

## Social Security Numbers

Social Security numbers are collected on a mandatory and voluntary basis. If this is CalPERS' first request for disclosure of your Social Security number, then disclosure is mandatory. If your Social Security number has already been provided, disclosure is voluntary. Due to the use of Social Security numbers by other agencies for identification purposes, we may be unable to verify eligibility for benefits without the number.

Social Security numbers are used for the following purposes:

1. Enrollee identification
2. Payroll deduction/state contributions
3. Billing of contracting agencies for employee/ employer contributions
4. Reports to CalPERS and other state agencies
5. Coordination of benefits among carriers
6. Resolving member appeals, complaints, or grievances with health plan carriers

## Information Disclosure

Portions of this information may be transferred to other state agencies (such as your employer), physicians, and insurance carriers, but only in strict accordance with current statutes regarding confidentiality.

## Your Rights

You have the right to review your membership files maintained by the System. For questions about this notice, our Privacy Policy, or your rights, please write to the CalPERS Privacy Officer at 400 Q Street, Sacramento, CA 95811 or call us at **888 CalPERS** (or **888-225-7377**).

**City of Oakland – Flexible Spending Arrangement Enrollment**

Form Plan Year: 1/1/2024-12/31/2024 with Grace Period through 3/15/2025

Last Day to Submit Claims: 3/31/2025

**Employee Information** – Please write legibly to ensure proper enrollment

<b>Last Name, First Name</b>		<b>Employee ID #</b>	
<b>Home Address</b> (Street, City, State, Zip Code)			
<b>Date of Birth</b>	<b>Phone Number</b>	<b>Email Address</b>	<b>Effective Date</b>

**Benefit Elections**

Section 125 Benefit	Yes/No	Annual Election	Paycheck Deduction
<b>Health Care FSA</b> Maximum of \$3,200.00 per plan year	<input type="checkbox"/> Yes <input type="checkbox"/> No	\$ _____	System will calculate deduction based on annual election and # of remaining pay periods in the year.
<b>Day Care FSA</b> Maximum of \$5,000.00 per plan year (or \$2,500 if you're married and filing taxes separately)	<input type="checkbox"/> Yes <input type="checkbox"/> No	\$ _____	
<b>Premium Conversion</b> The group insurance premiums you pay through your paycheck are automatically deducted pre-tax. Premium contributions toward domestic partner coverage will be deducted post-tax unless they qualify as a tax dependent.			Automatic

**Debit Card & Direct Deposit**

<b>Navia Debit Card</b> – You may use the card to pay for expenses directly from the funds in your Health Care FSA. There is no cost for the initial card. The cards are valid for 3 year periods; if you've previously received the card then it will be reloaded with your new election. You must provide a valid email address to use the card.	Automatic
<b>Direct Deposit</b> – Reimbursements are electronically deposited into your bank account. If you've previously signed up for direct deposit with Navia your information will remain on file.	

**Signature**

This election form will remain in effect and cannot be revoked or changed during the plan year unless the revocation and new election are on account of and consistent with federal regulations. I understand that Health FSA reimbursements will be available only for qualifying medical care expenses for myself, spouse, and dependents. I also understand that Day Care reimbursements will be available only for qualifying day care expenses. I agree to notify the Employer if I have reason to believe that any expense for which I have obtained reimbursement is not a qualifying expense. I also agree to indemnify and reimburse the Employer on demand for any liability it may incur for failure to withhold federal, state or local income tax or Social Security tax from any reimbursement I receive of a non-qualifying expense, up to the amount of additional tax actually owed by me. I understand the benefits and I have read the reverse page. I hereby authorize and direct my employer to reduce my salary by the amount necessary to pay for the benefit(s) as shown above for the plan year indicated above.	
<input type="checkbox"/> <b>YES</b> , the above benefits have been explained to me and I elect to participate as indicated	
<input type="checkbox"/> <b>NO</b> , the above benefits have been explained to me and I decline participation	
<b>Employee Signature</b>	<b>Date</b>
X	

**Completed Enrollment Forms must be returned to Human Resources***Please see the reverse side for important information regarding the above benefits*

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## **Additional Information**

### Premium Conversion

- If the enrollment status is marked as 'AUTOMATIC', you must notify your employer in writing to decline enrollment in this benefit. Premium Conversion is subject to the change in status rules and is considered an election equal to the amount of your premium deductions.

### Health Care Flexible Spending Arrangement ("Health Care FSA")

- Reimbursement will only be available for qualifying medical care expenses as set forth in the Plan Document and Section 213 of the Internal Revenue Code. It is your responsibility to check the eligibility of an expense prior to enrollment.
- Group Medical Plan Premiums cannot be reimbursed through the Health Care FSA and will be deducted pre-tax through the Premium Conversion Plan. Therefore, do not include the cost of premiums in your FSA annual election amount.

### Day Care Flexible Spending Arrangement ("Day Care FSA")

- Reimbursement will be available only for qualifying day care expenses as described in the Internal Revenue Code Section 129, the Plan document and the Summary Plan Description.
- Participation in a Day Care FSA will require you to complete tax form 2441 when filing federal taxes. If your plan includes a Grace Period any amounts carried forward or forfeited during a taxable year should be entered in Line 13 of Form 2441. If you or your spouse is a full-time student, please consult IRS Publication 503.
- If the Plan Year is less than twelve (12) months, the plan limit may be prorated to be less than the \$5,000 calendar year limit mandated by the IRS.

### Use-It or Lose-It

- You must claim all elected funds by the end of the run-out period. Money left in the plan after the end of the run-out period cannot be refunded to you; this is referred to as the Use-it or Lose-it rule.

### Grace Period

- The grace period allows you to incur expenses against the prior plan year for 2 ½ months after the plan year ends. Expenses incurred after the end of the Grace Period are not eligible for reimbursement.

### Claim Runout Period

- The claim runout period allows you to submit claims after the end of the plan year. Claims received after this period will be denied.

### Lost Checks and Reissues

- Lost or stale dated FSA checks can be reissued 10 business days after the original check date. There is a \$25.00 check reissue fee. The check reissue request will require at least one business day to process.
- Any fees associated with presenting a canceled check will be deducted from your FSA as well as the face value of the check.

### Direct Deposit

- All electronic funds transfers (EFT) will be initiated on the same day as the normal check reimbursement date. Deposits may take up to two (2) business days to appear in the designated account.
- Returned items due to incorrect banking information will be assessed a \$10.00 fee that will be deducted from your FSA balance.

### Deductions

- FSA deductions will be deducted from your paycheck evenly throughout the plan year. You must indicate an annual election and a per paycheck deduction on your enrollment form. If you enroll in the plan after open enrollment then please divide your annual election by the remaining deductions in the plan year.

### Change in Status

- All elections set forth are considered irrevocable for the entire plan year unless there is a qualifying change in status. Please consult the plan document or summary plan description for a list of qualifying events.
- In the event of a change in status the change in election must be necessitated by and consistent with the change in status and the change must be acceptable under IRS Regulations.

### Eligibility

- Independent contractors and self-employed individuals are not eligible to participate in the Plan. Self-employed individuals include: Sole Proprietors of their own business; General Partners in a general partnership and General Partners in a limited partnership; Limited Partners of partnerships with guaranteed payments; more than 2% Shareholders of an S corporation as well as the spouse, children, parents and grandparents of a more than 2% Shareholder; and non-employee Members of an LLC. It is your responsibility to determine your eligibility.
- Expenses must be incurred during the plan year and while you are an active participant in the plan. Any expense incurred prior to your effective date or after your termination date cannot be reimbursed.

### Debit Card

- If you elect to use the card please keep in mind that you may still need to submit supporting documentation to verify that a charge is eligible. You will be notified via email if you have a charge that requires documentation. You can check your account online to view any outstanding charges or contact customer service.
- If you use the card for an ineligible expense or do not substantiate a charge within 75 days of receiving the first request for substantiation your card may be temporarily suspended to prevent further use. The IRS provides the participant with 2 methods for correcting an ineligible or unsubstantiated charge: a) repay the plan for the amount of the expense, or b) request the substitution or offset of future out of pocket expenses. If neither option "a" nor "b" is successful the final option illustrated by the IRS permits the employer to deduct the ineligible expense from the participant's wages or other compensation consistent with federal and state law.
- You will receive one card by default but you can request additional cards for a fee of \$5/card. This fee also applies for reissues of any lost, stolen, or otherwise misplaced cards. The \$5 fee will be deducted from your FSA balance.

### Electronic Disclosure Notice

- By providing your email address you consent to receive email communications from Navia, agents, and subcontractors regarding the Plan.
- If you no longer wish to receive information electronically, you may withdraw consent at any time at no cost. To withdraw consent, please contact Navia.
- You have a right to receive a paper version of an electronically furnished document at no cost.
- To access documents you must have Adobe Reader. A link to download this software will be provided with all electronic documents provided.



## PREDESIGNATION OF PERSONAL PHYSICIAN

In the event you sustain an injury or illness related to your employment, you may be treated for such injury or illness by your personal medical doctor (M.D.), doctor of osteopathic medicine (D.O.) or medical group if:

- on the date of your work injury you have health care coverage for injuries or illnesses that are not work related;
- the doctor is your regular physician, who shall be either a physician who has limited his or her practice of medicine to general practice or who is a board-certified or board-eligible internist, pediatrician, obstetrician-gynecologist, or family practitioner, and has previously directed your medical treatment, and retains your medical records;
- your "personal physician" may be a medical group if it is a single corporation or partnership composed of licensed doctors of medicine or osteopathy, which operates an integrated multispecialty medical group providing comprehensive medical services predominantly for nonoccupational illnesses and injuries;
- prior to the injury your doctor agrees to treat you for work injuries or illnesses;
- prior to the injury you provided your employer the following in writing: (1) notice that you want your personal doctor to treat you for a work-related injury or illness, and (2) your personal doctor's name and business address.

You may use this form to notify your employer if you wish to have your personal medical doctor or a doctor of osteopathic medicine treat you for a work-related injury or illness and the above requirements are met.

### NOTICE OF PREDESIGNATION OF PERSONAL PHYSICIAN

**Employee: Complete this section.**

To: \_\_\_\_\_ (name of employer) If I have a work-related injury or illness, I choose to be treated by:

\_\_\_\_\_  
 (name of doctor)(M.D., D.O., or medical group)  
 \_\_\_\_\_ (street address, city, state, ZIP)  
 \_\_\_\_\_ (telephone number)

Employee Name (please print):

\_\_\_\_\_

Employee's Address:

\_\_\_\_\_

Name of Insurance Company, Plan, or Fund providing health coverage for nonoccupational injuries or illnesses:

\_\_\_\_\_

Employee's Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Physician: I agree to this Predesignation:**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Physician or Designated Employee of the Physician or Medical Group)

The physician is not required to sign this form, however, if the physician or designated employee of the physician or medical group does not sign, other documentation of the physician's agreement to be predesignated will be required pursuant to Title 8, California Code of Regulations, section 9780.1(a)(3).

Title 8, California Code of Regulations, section 9783.  
(Optional DWC Form 9783 July 1, 2014)

Authority: Sections 133, 4603.5 and 5307.5, Labor Code.  
Reference: Section 4600, Labor Code.

DWCC: Make 3 copies  
Original: Personnel file  
Copies to: Employee, TPA, DWCC for Department File

Received by: \_\_\_\_\_

Date: \_\_\_\_\_

**NOTICE OF PERSONAL CHIROPRACTOR OR PERSONAL ACUPUNCTURIST**

If your employer or your employer's insurer does not have a Medical Provider Network, you may be able to change your treating physician to your personal chiropractor or acupuncturist following a work-related injury or illness. In order to be eligible to make this change, you must give your employer the name and business address of a personal chiropractor or acupuncturist in writing prior to the injury or illness. Your claims administrator generally has the right to select your treating physician within the first 30 days after your employer knows of your injury or illness. After your claims administrator has initiated your treatment with another doctor during this period, you may then, upon request, have your treatment transferred to your personal chiropractor or acupuncturist.

**NOTE:** If your date of injury is January 1, 2004 or later, a chiropractor cannot be your treating physician after you have received 24 chiropractic visits unless your employer has authorized additional visits in writing. The term "chiropractic visit" means any chiropractic office visit, regardless of whether the services performed involve chiropractic manipulation or are limited to evaluation and management. Once you have received 24 chiropractic visits, if you still require medical treatment, you will have to select a new physician who is not a chiropractor. This prohibition shall not apply to visits for postsurgical physical medicine visits prescribed by the surgeon, or physician designated by the surgeon, under the postsurgical component of the Division of Workers' Compensation's Medical Treatment Utilization Schedule.

You may use this form to notify your employer of your personal chiropractor or acupuncturist.

**Your Chiropractor or Acupuncturist's Information:**

\_\_\_\_\_  
**(name of chiropractor or acupuncturist)**

\_\_\_\_\_  
**(street address, city, state, zip code)**

\_\_\_\_\_  
**(telephone number)**

Employee Name **(please print)**:  
\_\_\_\_\_

Employee's Address:  
\_\_\_\_\_

Employee's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Title 8, California Code of Regulations, section 9783.1.  
(Optional DWC Form 9783.1 Effective date July 1, 2014)

DWCC: Make 3 copies  
Original: Personnel file  
Copies to: Employee, TPA, DWCC for Department File

Received by: \_\_\_\_\_

Date: \_\_\_\_\_

## How to Enroll In the 457 Deferred Compensation Plan For Full-Time and Permanent Part-Time Employees

Full-Time, Sworn, and Permanent Part-time employees can enroll in the 457 Deferred Compensation Plan online or by submitting an enrollment form.

### **ENROLLING ONLINE**



Join your plan using your computer, tablet, or mobile device. To enroll, or view your plan's features and investment options, scan the QR code or visit:

[www.icmarc.org/cityofoakland](http://www.icmarc.org/cityofoakland)

All you need to get started is your plan number: **307108**

### **PAPER ENROLLMENT**

Complete and submit the 457 Deferred Compensation Plan enrollment form and submit to Michael Akanji, City of Oakland Benefits Technician.

Link to Enrollment form: [457 Deferred Compensation Enrollment Form](#)

## Enrollment and Contribution Form

Use this worksheet to submit your employee information and/or any applicable contribution information elections to your employer for enrollment in your CITY OF OAKLAND 457 Deferred Compensation Plan at MissionSquare Retirement.

- I want to:
- Start My Journey: Join my CITY OF OAKLAND 457 Deferred Compensation Plan
  - Increase My Contributions

### 1. PERSONAL INFORMATION

PLAN SPONSOR NAME: <b>CITY OF OAKLAND 457 Deferred Compensation Plan 307108</b>			
SOCIAL SECURITY NUMBER: FOR TAX REPORTING PURPOSES		DATE OF BIRTH: MM/DD/YYYY	GENDER: <input type="checkbox"/> FEMALE <input type="checkbox"/> MALE <input type="checkbox"/> OTHER
FULL NAME: LAST, FIRST, MI		MARITAL STATUS: <input type="checkbox"/> MARRIED <input type="checkbox"/> SINGLE <input type="checkbox"/> WIDOWED <input type="checkbox"/> DIVORCED	
MAILING ADDRESS:			
STREET		CITY	STATE ZIP
MOBILE PHONE NUMBER:	EMAIL ADDRESS:	GO PAPERLESS: <input type="checkbox"/>	

\*Choosing to go paperless means you are asking your employer to opt you into electronic communications to the email address you have designated.

### 2. CONTRIBUTION AMOUNT

I authorize my plan sponsor to contribute the amount specified below from my pay each pay period. Contributions will begin as soon as administratively feasible under your plan.

Pre-tax contributions of \_\_\_\_\_% **OR** \$\_\_\_\_\_ from my pay each pay period.

Roth contributions of \_\_\_\_\_% **OR** \$\_\_\_\_\_ from my pay each pay period.

**Normal Contribution Limit (2023):** 100% of compensation or \$22,500, whichever is less

Consider Ways to Save More:

- Age 50 catch-up contributions (up to \$7,500 more than the normal limit. \$30,000 maximum)
- 457 Pre-Retirement Catch-up –**SEE PRE-RETIREMENT CONTRIBUTION CATCH-UP FORM**

### 3. INVESTMENT SELECTION

By submitting this form, you understand you are authorizing your plan sponsor to enroll you in the plan without elections. Once your enrollment is processed you may log in to the participant website or mobile app to select your investments. If you do not select an investment option, your entire account will be invested in the Plan's default investment selection.

### 4. BENEFICIARY DESIGNATION

Once your enrollment is processed you may log in to the participant website or mobile app to enter your beneficiary information.



**5. SIGNATURES (SIGN, DATE, AND SUBMIT THE COMPLETED FORM TO YOUR PLAN SPONSOR)**

Employee Signature: \_\_\_\_\_ Date: MM/DD/YYYY \_\_\_\_\_

Authorized Plan Sponsor Official's Signature: \_\_\_\_\_ Date: MM/DD/YYYY \_\_\_\_\_

Authorized Plan Sponsor Official's Name and Title: \_\_\_\_\_ Date: MM/DD/YYYY \_\_\_\_\_

**SUBMIT THE COMPLETED WORKSHEET TO YOUR PLAN SPONSOR. RETAIN A COPY FOR YOUR RECORDS.**

**For Plan Sponsor Use Only:**

Employee ID: \_\_\_\_\_ Hire Date: MM/DD/YYYY \_\_\_\_\_

Rehired? Check if Yes

Rehire Date: MM/DD/YYYY \_\_\_\_\_ Original Hire Date: MM/DD/YYYY \_\_\_\_\_ Leave Date: MM/DD/YYYY \_\_\_\_\_

