

Mayor's Commission on Aging
City of Oakland Human Services Department
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Mayor's Commission on Aging

Wednesday, March 7, 2018 10:00 a.m. to 12:00 p.m.

City Hall, Hearing Room One
One Frank H. Ogawa Plaza
Oakland, Ca. 94612

Minutes

1. Call to Order at 10:00 a.m. by Chairperson Stadmire

2. Roll Call

Quorum Met (See Exhibit A).

3. Approval of minutes

January 3, 2018 minutes were approved.

4. Agenda Modification and Approval:

5. Public Comments: NONE

6. Livable Community Process; *Karen Grimsich, Aging and Family Service Administrator, Fremont*

Ms. Grimsich gave a presentation on the process for Fremont's Age-Friendly Initiative. They are in their 2nd year and are working with AARP. Some highlights from her presentation included:

- Goal of the Age-Friendly Efforts
- Age-Friendly Initiative Structure
- Age-Friendly Process to date for the City of Fremont
- Area Agency on Aging Plan
- Next Steps

(See Exhibit B)

7. Oakland Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) Community Center; *Joe Hawkins, Co-Founder, Executive Director*

Joe Hawkins gave an overview of the new LGBTQ Community Center and the Services it provides. The Center is 6 months old, serves over 2000 people, includes 40 groups and is run solely by 600 volunteers. Mr. Hawkins, expressed

concern for Senior LGBTQ people living in Oakland. They are the most marginalized and neglected. Many are currently in crisis mode. These Seniors tend not to have as much support as younger LGBTQ. Many lost their friends during the AIDs epidemic and are now alone. Mr. Hawkins is asking the Commission on Aging for their support of the Center. He would like the Commissioners to visit the Center and speak with the members. To learn more about advocacy for the LGBTQ community, visit SAGEUSA.org.

8. Family of Choice Homecare, LLC.; Kevin & Kenneth, Owners of Family of Choice Homecare

Kenneth Boozer gave an overview of the in-home care agency opened by him and his partner, Kevin Pete. The agency, Family of Choice, specializes in the needs of the LGBTQ Senior Community. Their focus is to have Seniors age in place with dignity. The facility is for those in the aging LGBTQ community who are not ready to leave their home but need support to live comfortably and safely. Some of the services offered include: homemaking, personal care, errands, transportation and meal preparation. Mr. Boozer wants to partner with the Commission to get the word out about Family of Choice.

9. Announcements and updates for Human Services Department;

Scott Means, Manager

* The ad-hoc subcommittee had their first meeting. They are moving forward with the Age-Friendly Initiative and planning their next steps:

- Community Engagement
- Writing Older Americans Month event proclamation (to be signed by Mayor)
- Generate the Council Report
- Commissioner Scott will communicate with the City Council members and candidates

* The next Better Choices Better Health workshops will be held at the Downtown Oakland Senior Center in June and July. This workshop lasts for 6 weeks and is an opportunity to learn about stress management, dealing with pain and fatigue, weight management and decision making. It focuses on how to stay healthy in your home.

* The local Senior Employment program, Assets, has been launched. Several participants have been placed with departments in the City. If interested contact Scott at (510) 238-6137.

* Older Americans Month is May 2nd. The national theme is “Engage at Every Age.” More information will be provided at the April meeting.

* The City is in the process of determining priorities for capital improvements. Scott will be participating in the meetings, representing the Human Services Department.

10. Report/Announcements; *Commissioners*

*** Commissioner Stadmir:**

- Requested the Commissioners be ready to report on their assigned Senior Center Next month. The Commissioners will be assigned different Centers in April.
- United Seniors is hosting a Candidate's Forum at St Mary's on Friday, April 27 at 10:00 am.

*** Commissioner Sandra J. Johnson:**

- California Alliance for Retired Americans is hosting a Senior Forum and Call to Action. The topic is "What's Happening to your Social Security, Medicare and Medicaid"

Date: Tuesday, April 10th

Time: 10:00 am - 2:00 pm

Location: The Deaf Center, San Leandro

RSVP and Information: 510.663.4086

- Save the Date for:

United Seniors of Oakland and Alameda County

27th Annual Convention

Friday, May 25th

St. Columba Catholic Church Hall

RSVP and Information: 510.729.0852

10. Adjournment

Meeting adjourned at 11:52 a.m.

Exhibit B – Age-Friendly Fremont



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