CITY OF OAKLAND MAYOR'S COMMISSION ON AGING

SPECIAL MEETING

Wednesday March 1, 2023

10:00 a.m. – 1:00 p.m.

In Person

Please see the agenda to participate in the meeting.

CITY OF OAKLAND
MAYOR'S COMMISSION ON AGING

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10:00 a.m. – 1:00 p.m.

PUBLIC PARTICIPATION
The public may observe and/or participate in this meeting many ways.

OBSERVE:
To observe the meeting by video conference, please click on this link:
https://us06web.zoom.us/j/87879786992?pwd=YVJ1eFNUZlduZTJpcjdWQWRzZjJ1UT09
at the noticed meeting time.
Instructions on how to join a meeting by video conference is available at:
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Or One tap mobile:
 US: +16694449171,,87879786992# or +17193594580,,87879786992#

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COMMENT:
To submit comments in advance of meeting, please email mboyd@oaklandca.gov.

To comment you must attend the meeting in person at 200 Grand Ave, Oakland, CA 94610

If you have any questions, please email Marshay Boyd at Mboyd@oaklandca.gov

City of Oakland Mayor's Commission on Aging
Wednesday March 1, 2023
10:00 a.m. – 1:00 p.m.

*Issues that the public wishes to address that **are not** published on the agenda will be heard during the Public Forum section. Raise your hand if you are viewing by video or dial *9 if you are joining by phone. You will have 2-minutes to speak on the item.*

Special Meeting
AGENDA

1. **Call to Order**

2. **Roll Call**

3. **Adoption of Agenda**

4. **Approval of Minutes: February 1, 2023**

5. **Public Forum** (*Limit to 2 minutes*)

6. **Beginning of the 2023 Commission on Aging Retreat**

   - **Introductions**: *Chair Lenore Gunst*

   - **Welcome Mayor Sheng Thao**

   - **Procedural overview and introductions**: *Scott Means, Human Services Manager*

   - **Livable Oakland Overview/Accomplishments:** *Bryan Ricks*

   - **Livable Oakland Breakout Groups**

   - **Livable Oakland Breakout Groups Report Back**

7. **Adjournment** *Chair Lenore Gunst*

NOTE: THE COMMISSION MAY TAKE ACTION ON ANY ITEM ON THE AGENDA

Commission on Aging agendas are provided to subscribers at no charge. Meeting minutes are available to the public for review and copying at the Human Services Department, 150 Frank H. Ogawa Plaza, Suite 4340, Oakland, CA 94612.

This meeting location is wheelchair accessible. To request disability-related accommodations or to request an ASL, Cantonese, Mandarin or Spanish interpreter, please email smeans@oaklandnet.com or call (510) 238-6137 or TDD/TTY (510) 238-3254 at least five working days before the meeting. Please refrain from wearing scented products to this meeting as a courtesy to attendees with chemical sensitivities.

Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612
Tel: (510) 238-3121 • Fax: (510) 238-7207 • TTY: (510) 238-3254

Wednesday, February 1, 2023
Held via Teleconference

MINUTES

1. **Call to Order**
Chair Gunst called the meeting to order at 10:08 a.m. The meeting was held via teleconference.

2. **Roll Call and Determination of Quorum**
   Present: Lenore Gunst, Blake Spears, Asha Beene-Clarke, Dianna Garrett, Ristina Ingram,
    Suzi Kalmus
   Absent:
   Absent Excused: Tydia Hill, Patricia Osage, Jennifer Seibert
   Late:
   A quorum was established.
   Staff: Scott Means (Aging & Adult Services Manager), Marshay Boyd (Administrative
   Assistant)

3. **Re-adopt the Teleconference Resolution** (*Adopt Resolution 21-10-02 Determining that Conducting In-Person Meetings of the Mayor's Commission on Aging and its Committees would Present Imminent Risks to Attendees' Health and Electing to Continue Conducting Meetings Using Teleconferencing in Accordance with California Government Code Section 54953(e), a Provision of AB-361*)
   Motion:

4. **Adoption of Agenda**
   The agenda was approved no modifications.
   Motion: Suzi Kalmus/Asha Beene-Clarke

5. **Approval of minutes: January 4, 2023**
   Chair Gunst recommends we do not use abbreviations in future minutes.
   Motion: Dianna Garrett/Ristina Ingram/Motion Carried Unanimously

6. **Public Forum** (*Limit to 2 minutes*)
   Audience member Susan Hammer spoke about the California Alliance for Retired Americans (CARA) program hosting a Fabulous Friday Forum, she welcomed the commission to attend.

7. **Equity in Oakland's Emergency Operations Plan Presentation,** *by Jessica Feil and Zack Adinoff*
Chair Gunst open this item by introducing Jessica Feil and Zack Adinoff. Jessica Feil shared her screen and provided a very detailed presentation about Oakland's Emergency Operations Plan. They opened the floor for questions following the presentation. Audience member Assata brought a concerning issue about schools in the Oakland hills emergency evacuation plan, says children shouldn't have to shelter in place in the Oakland Hills. Audience member Angela Wilson suggests creating a emergency evacuation plan for the developmentally disabled aging community.

    *****Modification: Chair Gunst opened public forum again, to accommodate those who had trouble logging on to the meeting.**
Audience member Assata spoke on equity unfairness, specifically the disabled community. She stated black and brown elderly disabled people are being treated unfair within some nonprofits and government agencies.

8. **Senior Companion/Foster Grandparent Program Presentation,** *Sabina Simmons*
Chair Gunst introduced Sabina Simmons. Scott Means gave a brief introduction to what the Senior Companion and Foster Grandparent (SCP/FGP) Programs are about. Sabina Simmons gave background on what the program is and how it has changed over the years, before covid and now with new improvements the program is implementing. The program had to close in March of 2020 due to Covid, and now as of January 2023 has fully reopened.

9. **Retreat Planning Update**
Chair Gunst provided a brief update. There is a draft agenda, the retreat will be Wednesday, March 1, 2023. Still deciding on if the retreat will be in person or via teleconference. The purpose of the retreat is to update and advance the work of the Mayor's Commission on Aging Livable Oakland Initiative, that was initiated back in 2018. The Livable Oakland initiative focuses on four domains Housing, Health and Wellness, Communications, and Open Spaces.

10. **Age-Friendly Report: Health and Wellness Stakeholders Meeting**
Commissioner Spears provided an update on what the health and wellness stakeholder group is currently up to, also what was discussed during the last meeting, which was held on Thursday, January 26, 2023.

11. **Older American Month Event,** *Scott Means*
Scott Means was excited to announce we have started planning our Older American's Month Event (OAM). This event will be in person (unless something changes) on Wednesday, May 3, 2023. We will have a commission meeting that morning just to welcome the event, that will be held out in the plaza. Our first official OAM planning meeting will be February 22, 2023 @10am, we are welcoming the commissioners to join us in planning, as we have a lot of details, we could use help with.

12. **Human Services Department (HSD) Aging & Adult Services Update,** *Scott Means, Aging & Adult Services Manager*
Scott Means gave an update on the senior mental health grant, we've gotten through our approvals and will start rigorous trainings. They are hiring two case managers and an Admin Analyst I position, to support the work of the case management program. It is tax season, Scott shared a list of all the AARP

tax aide sites, this list is also available at any of the four senior centers. Scott also shared information about the City of Oakland's new housing element plan for addressing homelessness. This information is easy to find, go to google.com and type "2023-2031 Housing Element Public Hearing Draft", and it will be the first link that pops up. They are looking for public input. Lastly, Scott Means provided information on the budget. The status and how the Commission must provide an ask for our age friendly plan, this will be established at our next meeting Wednesday, March 1, 2023, which will also be our Mayor's Commission on Aging retreat.

OPED: Program is open and continues to serve the community.

MSSP: Seniors are still opting into televisits, will continue to maintain cases with porch visits until they're comfortable letting people into their homes again.

SCP/FGP: The program is staffed by 1.5 FTEs. The program will continue to sufficiently serve the community while in the recruitment process.

ASSETS: We are hiring! If you know any older adults (strong need for bilingual) who would like to participate, send them our way. The senior aide TPT positions are minimum wage $14.36/hour at 20hrs/week. There are also employment opportunities for Physical Fitness Instructors to apply as Recreation Specialists that will service the senior centers.

SENIOR CENTERS: Senior Centers continue to provide critical services that includes food distribution, membership registration and virtual/limited-indoor programming. Have upcoming events to RSVP for any upcoming events, presentations, or classes go to MyActiveCenter.com or call (510) 238-3284 M-F 9am-3pm. We have activities at all our centers. Introducing new Senior Center newsletter. A membership into an Oakland Senior Center is not a key into the city, but a membership into a community. Working on making our Senior Centers a community benefit, improving seniors experience.

13. Announcements

Free COVID testing is available at the following locations:
- East Oakland Senior Center – Parking Lot | 9255 Edes Ave, Oakland, CA 94603
  To schedule an appointment: https://curative.com/sites/31207
  Date/Time: Tuesdays | 8:00am -2:00pm

- Downtown Oakland Senior Center – Parking Lot | 200 Grand Ave, Oakland, CA 94610
  To schedule an appointment: https://curative.com/sites/31197
  Date/Time: Thursdays | 8:00am -2:00pm

14. Closing Remarks & Adjourn
Motion: Dianna Garrett/Asha Beene- Clarke
The meeting was Adjourned at 11:49 a.m.

Date and Time of Next Meeting
The next meeting will be held on Wednesday, March 1, 2023, at 10 a.m. in person at the Downtown Oakland Senior Center. This will be our Mayor's Commission on Aging Retreat.

List of All AARP Tax-Aide Sites, 2023

name of site/address	day and hours open		telephone number to make an appointment
Albany Senior Center 846 Masonic Avenue, Albany	Thursdays	1-5 pm	510-524-9122
Berkeley Main Library 2090 Kittredge Street, Berkeley	Thursdays/ Saturdays	10-5pm	510-981-6100 Option 4
Dimond Library 3565 Fruitvale Avenue, Oakland	Mondays/Tuesdays	10-3pm	510-482-7844
Eastmont Library 7200 Bancroft Avenue, Oakland	Fridays	12:30-5pm	510-615-5726
Golden Gate Library 5606 San Pablo Avenue, Oakland	Tuesdays/Thursdays	10-4pm	510-597-5023
Mastick Senior Center 1155 Santa Clara Avenue, Alameda	Mondays through Thursdays	9-1pm	510-747-7501
North Oakland Senior Center 5714 Martin Luther King Jr. Way, Oakland	Thursdays	9-3pm	510-597-5085
Oakland Main Library 125 14th Street, Oakland	Wednesdays/Saturdays	10-3pm	starting at 9:30AM go to the main entrance of Library to make a same day appointment
Tarea Hall Pittman South Library 1901 Russell Street, Berkeley	Mondays/Wednesdays	10:30-3:30pm	510-981-6263

Domain: Open Spaces
Members:
Note taker:
Attendees:

1. **Domain Priorities?**
    a. Increase outdoor access for seniors by addressing design, safety, and transportation
    b. Collaborate with other City Departments to create more senior friendly outdoor features

2. **How will we achieve these priorities?**
    a. Preservation: engage in community input process for outdoor space renovations to advocate for senior friendly design
    b. Produce: create accessible open space activities designed to facilitate participation among seniors and people with disabilities

3. **Project in Development:**

Priority Project Plan	
Project/Action Statement: Create a multi-generational playground design, identify funding, and finalize the location	
Current Status Green – moving Yellow – stalling Red – immovable	
Critical Partners: Necessary to move forward, including project leads.	Councilmember Fife, Miracle Playgrounds
Next Steps: List 3 tangible next steps to accomplish this action	1.
	2.

	3.
How will you measure success? 2-3 tangible deliverables/outcomes, for evaluation and engaging community partners.	1.
	2.
	3.
What barriers is the project experiencing, or needs to overcome?	
Timeline: What will you be able to accomplish in the next 12 months?	

Notes:

Domain: COMMUNICATIONS
Members:
Note taker:
Attendees:

1. **Domain Priorities?**
   a. Create a centralized source of information and communication for seniors
   b. Information distributed in various formats and languages

2. **How will we achieve these priorities?**
   a. Advocate elected officials to provide budgeted City funding
   b. Work with community partner(s) to build and market the data resource platform

3. **Project in Development:**

Priority Project Plan	
Project/Action Statement: Build a communication platform to provide information and other resources for Oakland seniors.	
Current Status Green – moving Yellow – stalling Red – immovable	
Critical Partners: Necessary to move forward, including project leads.	Eden I&R
Next Steps: List 3 tangible next steps to accomplish this action	1.
	2.
	3.

How will you measure success? 2-3 tangible deliverables/outcomes, for evaluation and engaging community partners.	1.
	2.
	3.
What barriers is the project experiencing, or needs to overcome?	
Timeline: What will you be able to accomplish in the next 12 months?	

Notes:

Domain: Health & Wellness, Food Security
Members:
Note taker:
Attendees:

1. **Domain Priorities?**
   a. Advocate for wrap around health services that will support senior wellness to age in place
   b. Create a resource tool for common senior maladies.

2. **How will we achieve these priorities?**
   a. Increase the number and scope of case management services available to Oakland Seniors
   b. Develop and distribute a resource guide for seniors to provide connections to providers and services

3. **Project in Development:**

Priority Project Plan	
Project/Action Statement: Increase the number of Case Managers available to seniors, supported by resource guides at the senior centers and other community locations	
Current Status Green – moving Yellow – stalling Red – immovable	
Critical Partners: Necessary to move forward, including project leads.	
Next Steps: List 3 tangible next steps to accomplish this action	1.
	2.
	3.

How will you measure success? 2-3 tangible deliverables/outcomes, for evaluation and engaging community partners.	1.
	2.
	3.
What barriers is the project experiencing, or needs to overcome?	
Timeline: What will you be able to accomplish in the next 12 months?	

Notes:

Domain: Health & Wellness, Food Security (part 2)

1. **Domain Priorities?**
   a. Close food availability gaps throughout Oakland
   b. Improve Congregate Lunches at Senior Centers

2. **How will we achieve these priorities?**
   a. Adequate and Consistent food security funding
   b. Offer diverse, culturally appropriate meals for seniors

3. **Project in Development:**

Priority Project Plan	
Project/Action Statement: Increase the number and quality of nutritious food distributions offered to seniors	
Current Status Green – moving Yellow – stalling Red – immovable	
Critical Partners: Necessary to move forward, including project leads.	
Next Steps: List 3 tangible next steps to accomplish this action	4.
	5.
	6.
How will you measure	4.

success? 2-3 tangible deliverables/outcomes, for evaluation and engaging community partners.	5.
	6.
What barriers is the project experiencing, or needs to overcome?	
Timeline: What will you be able to accomplish in the next 12 months?	

Notes:

Domain: Housing
Members:
Note taker:
Attendees:

1. **Domain Priorities?**
    a. Advocate with City leaders to produce affordable housing and equitable solutions to senior homelessness
    b. Improve safety net programs for seniors that protects renters and preserve housing to prevent homelessness

2. **How will we achieve these priorities?**
    a. Advocacy and partnerships with City leadership and relevant Oakland Departments focused on housing, including participation in planning committees and public meetings
    b. Develop home repair resources for seniors to make accessibility and environmental health improvements

3. **Project in Development:**

Priority Project Plan	
Project/Action Statement: The City of Oakland will assist seniors to preserve their existing housing by identifying and addressing accessibility and environmental health issues in their homes	
Current Status Green – moving Yellow – stalling Red – immovable	
Critical Partners: Necessary to move forward, including project leads.	Rebuild Together, City of Oakland Community Housing
Next Steps: List 3 tangible next steps to accomplish this action	1.
	2.

	3.
How will you measure success? 2-3 tangible deliverables/outcomes, for evaluation and engaging community partners.	1.
	2.
	3.
What barriers is the project experiencing, or needs to overcome?	
Timeline: What will you be able to accomplish in the next 12 months?	

Notes:

Domain: Housing (part 2)

1. **Domain Priorities?**
    a. Understand the broader scope of senior needs specifically related to housing
    b. Improved systems navigation for seniors

2. **How will we achieve these priorities?**
    a. Create a survey tool
    b. Gather data from a diverse sampling of Oakland seniors

3. **Project in Development:**

Priority Project Plan	
Project/Action Statement: Create a senior housing survey to assess the needs of older adults and the resources available to meet those needs.	
Current Status Green – moving Yellow – stalling Red – immovable	
Critical Partners: Necessary to move forward, including project leads.	
Next Steps: List 3 tangible next steps to accomplish this action	4.
	5.
	6.
How will you measure	4.

success? 2-3 tangible deliverables/outcomes, for evaluation and engaging community partners.	5.
	6.
What barriers is the project experiencing, or needs to overcome?	
Timeline: What will you be able to accomplish in the next 12 months?	

Notes: