



CITY OF OAKLAND MAYOR'S COMMISSION ON AGING

Wednesday, February 1, 2023

10:00 a.m. – 12:00 p.m.

Teleconference

Please see the agenda to participate in the
meeting

CITY OF OAKLAND
MAYOR'S COMMISSION ON AGING

Teleconference
Wednesday February 1, 2023
10:00 a.m. – 12:00 p.m.

Pursuant to California Government Code section 54953(e), Board Members/Commissioners, as well as Citystaff, will participate via phone/video conference, and no physical teleconference locations are required.

PUBLIC PARTICIPATION

The public may observe and/or participate in this meeting many ways.

OBSERVE:

To observe the meeting by video conference, please click on this link: <https://zoom.us/j/91661011924> at the noticed meeting time.

Instructions on how to join a meeting by video conference is available at:
<https://support.zoom.us/hc/en-us/articles/201362193-joining-a-Meeting>

To listen to the meeting by phone, please call the numbers below at the noticed meeting time:

Or iPhone one-tap:

US: +16699009128, 91661011924# or +12532158782 ,91661011924#

Or Telephone:

Dial (for higher quality, dial a number based on your current location):

US: +1 669 900 9128 or +1 253 215 8782 or +1 346 248 7799 or +1 646 558 8656 or +1 301 715 8592 or
+1 312 626 6799

Webinar ID: 916 6101 1924

Instructions on how to join a meeting by phone are available at:

<https://support.zoom.us/hc/en-us/articles/201362663-Joining-a-meeting-by-phone>

COMMENT:

To comment by Zoom video conference, click the “Raise Your Hand” button to request to speak when Public Comment is being taken on the eligible Agenda item. You will then be unmuted, during your turn, and allowed to make public comments. After the allotted time, you will then be re-muted.

Instructions on how to “Raise Your Hand” is available at:

<https://support.zoom.us/hc/en-us/articles/205566129-Raising-your-hand-in-a-webinar>

To comment by phone, please call on one of the above listed phone numbers. You will be prompted to “Raise Your Hand” by pressing “*9” to request to speak when Public Comment is being taken on the eligible Agenda Item. You will then be unmuted, during your turn, and allowed to make public comments. After the allotted time, you will then be re-muted.

Instructions of how to raise your hand by phone are available at:

<https://support.zoom.us/hc/en-us/articles/201362663-Joining-a-meeting-by-phone>

If you have any questions, please email Marshay Boyd at Mboyd@oaklandca.gov



City of Oakland Mayor's Commission on Aging

Wednesday February 1, 2023

10:00 a.m. – 12:00 p.m.

Teleconference

Issues that the public wishes to address that **are not** published on the agenda will be heard during the Public Forum section. Raise your hand if you are viewing by video or dial *9 if you are joining by phone. You will have 2-minutes to speak on the item.

AGENDA

- 1. Call to Order**
- 2. Roll Call**
- 3. Re-adopt the Teleconference Resolution** (*Adopt Resolution 21-10-02 Determining that Conducting In-Person Meetings of the Mayor's Commission on Aging and its Committees would Present Imminent Risks to Attendees' Health and Electing to Continue Conducting Meetings Using Teleconferencing in Accordance with California Government Code Section 54953(e), a Provision of AB-361*)
- 4. Adoption of Agenda**
- 5. Approval of Minutes: January 4, 2023**
- 6. Public Forum** (*Limit to 2 minutes*)
- 7. Equity in Oakland's Emergency Operations Plan Presentation**, *by Jessica Feil and Zack Adinoff*
- 8. Senior Companion/Foster Grandparent Program Presentation**, *Sabina Simmons*
- 9. Retreat Planning Update**
- 10. Age-Friendly Report: Health & Wellness Stakeholders Meeting**
- 11. Older American Month Event**, *Scott Means*
- 12. HSD Aging & Adult Services Update**, *Scott Means, Aging & Adult Services Manager*
- 13. Announcements**
- 14. Closing Remarks & Adjourn**

NOTE: THE COMMISSION MAY TAKE ACTION ON ANY ITEM ON THE AGENDA

Commission on Aging agendas are provided to subscribers at no charge. Meeting minutes are available to the public for review and copying at the Human Services Department, 150 Frank H. Ogawa Plaza, Suite 4340, Oakland, CA 94612.



This meeting location is wheelchair accessible. To request disability-related accommodations or to request an ASL, Cantonese, Mandarin or Spanish interpreter, please email smeans@oaklandnet.com or call (510) 238-6137 or TDD/TTY (510) 238-3254 at least five working days before the meeting. Please refrain from wearing scented products to this meeting

as a courtesy to attendees with chemical sensitivities.



Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612

Tel: (510) 238-3121 • Fax: (510) 238-7207 • TTY: (510) 238-3254

Wednesday, January 4, 2023
Held via Teleconference

MINUTES

1. Call to Order

Chair Gunst called the meeting to order at 10:10 a.m. The meeting was held via teleconference.

2. Roll Call and Determination of Quorum

Present: Lenore Gunst, Blake Spears, Dianna Garrett, Tydia Hill, Ristina Ingram, Suzi Kalmus, Jennifer Seibert

Absent: Asha Beene-Clarke, Patricia Osage

Absent Excused:

Late:

A quorum was established.

Staff: Scott Means (Aging & Adult Services Manager), Marshay Boyd (Administrative Assistant)

3. Re-adopt the Teleconference Resolution *(Adopt Resolution 21-10-02 Determining that Conducting In-Person Meetings of the Mayor's Commission on Aging and its Committees would Present Imminent Risks to Attendees' Health and Electing to Continue Conducting Meetings Using Teleconferencing in Accordance with California Government Code Section 54953(e), a Provision of AB-361)*

Motion: Motion Carried Unanimously

4. Adoption of Agenda

The agenda was approved no modifications.

Motion: Jennifer Seibert/Suzi Kalmus/Motion Carried Unanimously

5. Approval of minutes: October 5, 2022

The November 2, 2022, meeting was informational, no approval needed.

Motion: Jennifer Seibert/Suzi Kalmus/Motion Carried Unanimously

***Modification of the Agenda: To hear emergency update**

Chair Gunst asked to modify the agenda so Scott Means can provide an emergency update from his HSD report. Motion: Motion Carried Unanimously. Scott Means provided information about the weather emergency in the Bay Area: excess rain, flooding, high wind, and creeks overflowing.

Senior Centers giving out massive amounts of food. Decided to close DOSC and NOSC for Thursday and Friday to encourage seniors to stay home, still offered online services, and offered enough meals to cover those closed days. I&A staff are still available (510) 238-3121 or (510) 238-6137 to be referred to a I&A staff member.

6. Public Forum (*Limit to 2 minutes*)

Audience member Susan Hammer a NOSC member, spoke on the center no longer having computers. She relied on NOSC computer lab and is hoping the center brings the computers back. Scott Means confirmed that we are in the process of making upgrades and will bring them back, but it won't be with 20 computers but more like 4 or 5 computers with tablets as well.

7. Review: Stakeholder Groups and Subcommittees

Chair Gunst opened this topic with giving a review of the four stakeholder groups, and which commissioners will take part in the different groups. Marshay shared a draft document of commissioner roles she created that visually shows where everyone has requested to be placed. This document will be shared with the commissioners. Commissioner Garrett requested for Marshay to share contact information of the commissioners.

8. Advocacy Plan

Chair Gunst opened this topic with mentioning we officially have our new Mayor, Mayor Sheng Thao, and we also have new council members. She recommends the commission establish good relationships with the new faces, to communicate the work we have been doing and create a plan of what we will need to move forward. Marshay shared a draft of a city council document she created to give a visual. The document is not complete until the city updates their information. Each commissioner confirmed which district they are in, Chair Gunst District 4, Vice-Chair Spears District 4, Commissioner Garrett District 6, Commissioner Hill District 3, Commissioner Ingram District 5, Commissioner Kalmus District 2, Commissioner Seibert District 6. The commission plans to put together talking points. Chair Gunst asked if each Stakeholder group leads create a list of their top 3 items and have it by next month's meeting.

9. Retreat Discussion

Chair Gunst opened this topic with a brief background about what the retreat is. She asked the commissioners if they would be interested in joining a small group of them to plan the retreat. Commissioners Gunst, Seibert, and Kalmus all volunteered. They agreed to push the retreat to March, there are options of having this year's retreat hybrid.

10. Age-Friendly Report: Open Spaces Stakeholders Meeting

Chair Gunst who is the lead of the Open Space stakeholder group gave us a update on this stakeholder group. The playground they are working on is expensive and are working on ways to raise money for it, as well as observing all the elements that make this playground necessary for that area. Meeting went well and the plans are still moving forward.

11. HSD Aging & Adult Services Update, Scott Means, Aging & Adult Services Manager

Scott Means gave us some information about the Older American Month event will possible be a live in person event at city hall. We will start meeting mid-February to plan the OAM event, and already have some community partners involved (UC-Davis The Good Life Program). This will be a great event, first

one since the pandemic.

OPED: Program is open and continues to serve the community. They are working to expedite the Taxi Script Service and launching the Go-Go Grandparent Platform that will provide Uber and Lift rides to seniors.

MSSP: Seniors are still opting into televisits, will continue to maintain cases with porch visits until they're comfortable letting people into their homes again.

SCP/FGP: The program is staffed by 1.5 FTEs. The program will continue to sufficiently serve the community while in the recruitment process.

ASSETS: We are hiring! If you know any older adults (strong need for bilingual) who would like to participate, send them our way. The senior aide TPT positions are minimum wage \$14.36/hour at 20hrs/week. There are also employment opportunities for Physical Fitness Instructors to apply as Recreation Specialists that will service the senior centers.

SENIOR CENTERS: Despite this, the Senior Centers continue to provide critical services that includes food distribution, membership registration and virtual/limited-indoor programming. Have upcoming events to RSVP for any upcoming events, presentations, or classes go to MyActiveCenter.com or call (510) 238-3284 M-F 9am-3pm. We have activities at all our centers. Introducing new Senior Center newsletter. A membership into an Oakland Senior Center is not a key into the city, but a membership into a community. Working on making our Senior Centers a community benefit, improving seniors experience.

12. Announcements

Free COVID testing is available at the following locations:

- East Oakland Senior Center – Parking Lot | 9255 Edes Ave, Oakland, CA 94603
To schedule an appointment: <https://curative.com/sites/31207>
Date/Time: Tuesdays | 8:00am -2:00pm
- Downtown Oakland Senior Center – Parking Lot | 200 Grand Ave, Oakland, CA 94610
To schedule an appointment: <https://curative.com/sites/31197>
Date/Time: Thursdays | 8:00am -2:00pm

13. Closing Remarks & Adjourn

The meeting was Adjourned at 11:22 a.m.

Date and Time of Next Meeting

The next meeting will be held on Wednesday, February 1, 2023, at 10 a.m. via teleconference.

Draft: Commission Roles 2023

MCOA Commissioners:

- I. **CHAIR:** Lenore Gunst
- II. **VICE-CHAIR:** Blake Spears
- III. Dianna Garrett
- IV. Asha Beene-Clarke
- V. Jennifer Seibert
- VI. Suzi Kalmus
- VII. Tydia Hill
- VIII. Ristina Ingram
- IX. Patricia Osage

Livable Oakland- Subcommittees:

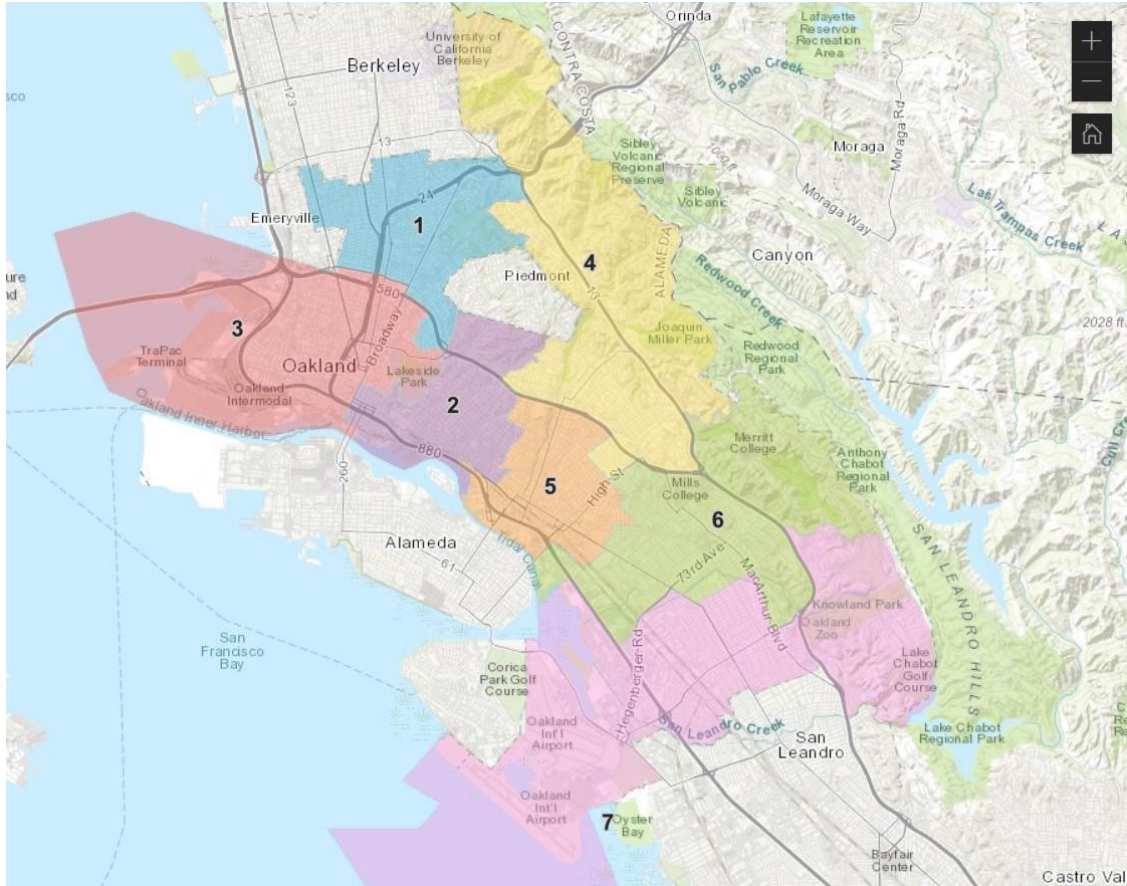
- **Housing:**
 - I. **LEAD:** Asha Beene-Clarke
 - II. **CO-LEAD:** Suzi Kalmus
- **Health & Wellness:**
 - I. **LEAD:** Blake Spears
 - II. **CO-LEAD:** Tydia Hill
 - III. Jennifer Siebert as an attendee
- **Communications:**
 - I. **LEAD:** Dianna Garrett
 - II. **CO-LEAD:** Ristina Ingram
- **Open Spaces:**
 - I. **LEAD:** Lenore Gunst
 - II. Scott Means

Senior Center Liasons:

- **DOSC:**
Suzi Kalmus
- **EOSC:**
Jennifer Seibert
- **NOSC:**
Lenore Gunst
- **WOSC:**
Tydia Hill

City Councilmembers 2023

- Dan Kalb- District One
- Nikki Fortunato Bas- District Two
- Carroll Fife- District Three
- Noel Gallo- District Five
- Loren Taylor- District Six
- Treva Reid- District Seven



City Officials



Rebecca Kaplan
At Large Member & Vice Mayor



Dan Kalb
District 1 Councilmember



Nikki Fortunato Bas
Council President + District 2 Councilmember



Carroll Fife
District 3 Councilmember



Sheng Thao
Mayor



Noel Gallo
District 5 Councilmember



Loren Taylor
District 6 Councilmember



Treva Reid
District 7 Councilmember