ALAMEDA COUNTY AREA AGENCY ON AGING

Older Americans Act / Older Californian Act / County General Fund Programs

SPECTRUM LUNCH REGISTRATION FORM 2022-2023

THIS FORM IS VALID FROM JULY 1, 2022 TO JUNE 30, 2023

Date form received by site:	Meal Site	
☐ New Participant ☐ Renewal – Annual Registration		
☐ Add Site - Previously registered at	•	
Instructions 1. Complete all three pages – All information will be ke 2. Sign and date last the page. 3. Turn in to Meal Site before receiving first meal.	ept strictly confidential.	
Please Print Participant Information		
First Name M.I I	_ast Name	
Birth Date (MM/DD/YYYY)//	are 60 years or older* .00 non-senior meal rate tered participant - Name:	
Address Apt	# City Zip	
Mobile/Cell Phone () Ho	ome Phone ()	
Mobile Carrier ☐ Verizon ☐ T-Mobile ☐ Spri	nt	
Email Address		
Spectrum would like to communicate with your option of receiving emails Option		
Is another person in your household a Spectru	m Meals participant? ☐ Yes ☐ No	
If yes, Name:	Relationship:	
Emergency Contact – Does emergency contact Name	t live with participant? Yes No Relationship	
Home Phone ()	Cell Phone ()	

Are you the Head of Household?	☐ Yes	□ No	
Do You Live Alone?	☐ Yes☐ No, number in household:☐ Decline to State		
Are you a U.S. Veteran?	□ Yes	□ Yes □ No	
Preferred spoken language: ☐ English ☐ Mandarin ☐ Spanish ☐ Dari/Farsi			
Preferred written language: ☐ English ☐ Simplified Chir	nese 🗆 Tr	aditional Chinese	☐ Spanish
What is your gender? (Check only only only only only only only only	le to Male	□ Genderqueer/Gend □ Not listed/Please spe	•
What was your sex at birth? (Check ☐ Male ☐ Female ☐ Decki	•	I	
How do you describe your sexual o ☐ Straight/heterosexual ☐ B ☐ Questioning/Unsure ☐ N ☐ Declined/not stated	Bisexual	☐ Gay/Lesbian/Same	-Gender Loving
Ethnicity: Hispanic or Latino	☐ Not Hispanic	or Latino	ned/not stated
Race (Check all that apply): ☐ Caucasian/White ☐ African ☐ Other Race ☐ Multiple Asian:	•	ck 🗆 American Indian,	/Alaska Native
☐ Asian Indian ☐ Cambo ☐ Filipino ☐ Japane ☐ Laotian ☐ Vietnan ☐ Hawaiian/Other Pacific Islander: ☐ Guamanian ☐ Hawaiia ☐ Other Pacific Islander	se nese	☐ Chinese ☐ Korean ☐ Other Asian ☐ Samoan	
☐ Decline to State			
Please indicate your household gro	oss monthly inc	ome - FY2022 Incom	e Guidelines

1 person	2 person	3 person	4 person
□ \$0 - \$1,133	□ \$0 - \$1,526	□ \$0 - \$1,919	□ \$0 - \$2,313
□ \$1,134 - \$2,500	□ \$1,527 - \$2,858	□ \$1,920 - \$3,217	□ \$2,314 - \$3,571
□ \$2,501 - \$4,167	□ \$2,859 - \$4,763	□ \$3,218 - \$5,358	□ \$3,572 - \$5,950
□ \$4,168 - \$5,000	□ \$4,764 - \$5,715	□ \$5,359 - \$6,430	□ \$5,951 - \$7,140
□ \$5,001 - \$6,183	□ \$5,716 - \$7,067	□ \$6,431 - \$7,950	□ \$7,141 - \$8,833
□ \$6,184 +	□ \$7,068 +	□ \$7,951 +	□ \$8,834 +

[□] Decline to State

NUTRITION SCREENING INITIATIVE

Read the statements below.

Please CIRCLE THE NUMBER in the "YES" column for those that apply.

	YES
I have an illness or condition that made me change the kind and/or amount of food I eat.	2
I eat fewer than 2 meals per day.	3
I eat fewer than 2 servings (1/2 cup each) of fruits or vegetables each day. I eat less than 1 serving of milk or dairy products each day.	2
I regularly consume 3 or more alcoholic beverages each day.	2
I have trouble biting, chewing, or swallowing and/or I have tooth or mouth problems that make it hard for me to eat.	2
I don't always have enough money to buy the food I need.	4
I eat alone most of the time.	1
I take 3 or more different prescribed or over-the-counter medications a day.	1
Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2
I am not always physically able to shop, cook and/or feed myself.	2
Score TOTAL	
Declined to State	

I have completed this form myself for my own registration	on
Participant Signature:	Date:
I have completed this registration on behalf of	
Prepared by (print name)	
Prenarer's Signature:	Date:

THANK YOU FOR COMPLETING THIS FORM

To be completed by Spectrum Office		
Date Received: Information Packet mailed:	Entered into ServTracker - Date: Member Card created:	